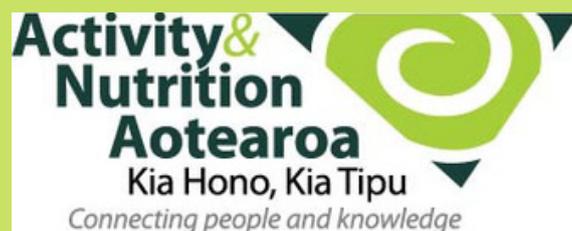


*Mā tō rourou, mā toku rourou, ka ori te iwi*  
*With your contribution and with my contribution, the people will thrive*



# Annual Report

*1 July 2018 - 30 June 2019*



# Chairperson's Statement



Tena koutou katoa

Tainui te Waka  
Taupiri te maunga  
Waikato te awa  
Tainui te iwi  
Ngati Paoa te Hapu

Te Arawa te Waka  
Ngongotaha te maunga  
Te Rotorua-nui-a-Kahumatamomoe te moana  
Te Arawa te Iwi  
Ngati Pikiāo te Hapu

Ko Shayne Nahu ahau

Kia ora it is a privilege to be providing my first Chairperson's comment for our Annual Report. It feels as though the time has flown by since I become Chairperson in November 2018 – and that's probably because it has! Firstly, I would like to acknowledge the diligence and commitment of Alison Pask, our acting executive director. Without her positive attitude, rolling up of sleeves and getting on with it the year would not have been as successful as it has.

A highlight for the year was the ANA conference at Waipuna Conference Centre in Auckland which reinforced the value ANA adds to the sector. ANA celebrated its 25th birthday at the conference and staying relevant for the future has become a focus for ANA. ANA is a membership organisation made up of 13 member organisations and the ANA Board's biggest concern is ensuring we are relevant for our member organisations in the future. There have been real challenges around funding and uncertainty over contracting, which I am sure many other organisations also face. This has resulted in the Board making some tough calls which included not replacing the professional development coordinator when Chelsea Slobbé left to travel overseas in March. We have also held off appointing a permanent executive director until we have clarity of strategic direction.

Again, a big thanks to Alison and Kim, our contract administrator, for keeping the ship going so well. Having a secure funding base to enable us to continue to deliver high quality services is a priority for the Board moving forward. We have built on the work from previous years and are refining our strategic value and vision. This will provide greater clarity and direction to ANA for the future.

I acknowledge my fellow Board members, who provide their time, knowledge and expertise freely so ANA can best meet our member's needs. Your support of the ANA staff and myself over the last year has been much appreciated. As a Board we said farewell to Anthony Cooke in August 2019 – who was an appointed member to the Board and thank him for his contribution. The past year, as noted, has been challenging, however I look forward to the next as we are better placed to support our member organisations and the wider sector to achieve the vision of everyone in Aotearoa eating well and leading an active life.

Ngaa miihi nui

**Shayne Nahu**  
ANA Executive Board Chair

# Our Vision

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Activity and Nutrition Aotearoa (ANA) is a 13-member incorporated society and registered charity that shares a vision that:

- Everyone in Aotearoa, can and does eat well and leads an active life.
- ANA's purpose is to connect people and organisations engaged in the cause of improving the nation's nutrition and physical activity.
- ANA strengthens public health nutrition and physical activity practitioners' networks, capacity and capability, and best practice through knowledge translation, professional development, dissemination and exchange of information.

## ANA Member Organisations

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# ANA Highlights

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- **Knowledge Translation Project**

Evidence snapshot- 'What can be done to protect our children from unhealthy food marketing' was a successful collaboration with the Health Promotion & Policy Research Unit, University of Otago, Wellington and Healthy Auckland Together (HAT) to produce a document that has received excellent media coverage. There were 826 unique opens of the document from the ANA newsletter and the ANA Facebook posts reached over 1.5K people with 255 engagements.

- ANA has successfully delivered our contractual obligations to the Ministry of Health including:

- ANA website [www.ana.org.nz](http://www.ana.org.nz)
- 162 new articles and resources added
- Added a submissions page and highlighted 15 submissions
- Rebranded from ANA eUpdate to ANA Focus
- ANA Focus newsletter - 27 newsletters published

- **ANA Conference**

ANA strived to role model its values of inclusiveness, integrity, excellence, teamwork and collaboration in the 8th Activity and Nutrition Conference: 'Collaboration: Everyone's Business - Te Mahitahi: Hei Painga Mo Te Katoa' held in Auckland on 21-22 May 2019.

Conference highlights included:

- 52 presentations
- 8 key sponsors
- 167 delegates
- 81% gained new knowledge that will be useful in their work
- 88% rated the conference as good or very good
- 86% felt the conference was a good investment of their time

# Feedback

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*"Just wanted to say how much I enjoy your newsletters! I am part of a very large team providing services in the community that support general practice. I am often hitting the forward button"*

*"The ANA Conference is one of the most valuable networking conferences for me because of the diversity of attendees"*

*"The conference was done very well, and I could see you had put effort into encouraging networking like the activity in the handbook and the friendly interactive days. The smaller rooms also encouraged engagement. As a new person I felt very welcomed"*

*"I'm new to health promotion and thoroughly enjoy the articles in the ANA Focus and it's a great way for me to keep up to date with what's going on."*

# ANA Conference Photos



# ANA Financial Reports

## Statement of Financial Performance

	2019	2018
Total Income	\$413,786	\$338,043
Total Expenses	\$367,240	\$368,808
Net surplus/(deficit)	\$ 46,546	\$ (30,765)

## Statement of Financial Position

	2019	2018
Total Assets	\$437,070	\$402,139
Total Liabilities	\$ 21,007	\$ 32,622
Equity	\$ 416,063	\$369,517

The ANA performance report which encompasses entity information, statement of service performance, statement of financial position and performance, plus statement of cashflows for the year ended 30 June 2019 to be audited by Moore Markhams. Audited performance reports are available on the Charities Register.

# ANA Board and Staff

## ANA EXECUTIVE BOARD

<b>Shayne Nahu (Chair)</b>	Elected AGM 2017 - current	
<b>Vito Lo Iacono</b>	Elected AGM 2018 - current	
<b>Janell Dymus-Kurell</b> Māori board member	Nominated November 2018 – current	
<b>Sione Tupou</b>	Elected AGM 2018 – current	
<b>Anthony Cooke</b> External appointee	Appointed May 2015 – August 2019	

## ANA Staff

<b>Siobhan Molloy</b>	Executive Director	August 2014 – November 2018
<b>Alison Pask</b>	Health Promotion Manager	March 2017 – current
	Acting Executive Director	October 2018 - current
<b>Chelsea Slobbé</b>	Professional Development Coordinator	July 2016 – March 2019
<b>Kim Tucker</b>	Contract Administrator	

*Me mahi tahi tātou, kia ora ai te katoa*  
*We must work together for the wellbeing of all*