

ANA Forum: Wairoa

Wednesday 7th March 2018

Wairoa Community Centre

9:00am – 3:30pm



FINAL Programme as of 5th March 2018

A one-day professional development and networking event for people whose work relates to public health nutrition and physical activity

Tea and coffee on arrival from 8:30 am

9.00am	Welcome and Karakia	Sid Ropitini <i>Forum Facilitator</i>
9.10 am	Networking Activity	Sid Ropitini <i>Forum Facilitator</i>
9.35 am	Activity and Nutrition Aotearoa Kia Hono, Kia Tipu: Connecting people and knowledge	Siobhan Molloy <i>Executive Director</i> Activity and Nutrition Aotearoa
9:45 am	Morning tea - Designed, prepared and served by students from Wairoa College. Karen Hayward	
10.15 am	Update on Food and Nutrition: A discussion	Nicki Mathieson <i>Dietitian Nutrition and Physical Activity Advisor</i> Tairāwhiti District Health Board
11.00 am	Kahungunu Executive Showcase	Melissa Kaimoana <i>Health Promotion Supervisor</i> Kahungunu Executive
11:20	Energiser	Sport Hawkes Bay
11.30 am	Activity 4 Activity	Sid Ropitini <i>Forum Facilitator</i>
12:00	Lunch - Designed, prepared and served by students from Wairoa College. Karen Hayward	
12.45 pm	The Importance of Sleep for Physical Activity and Nutrition	Dr. Harriette Carr <i>Deputy Director of Public Health</i> Ministry of Health
1.45 pm	CACTUS Wairoa Programme	Denise Eaglesome-Karekare <i>Deputy Mayor of Wairoa</i> Wairoa District Council
2.10 pm	Open Floor Session	Chance for audience to share
2.30pm	Showcase of Wairoa Community Centre	Sara Bird <i>Wairoa Community Centre Manager</i> Sport Hawkes Bay
2.50 pm	Wrap up and Reflection	Chelsea Slobbé <i>Professional Development Coordinator</i> Activity and Nutrition Aotearoa
3.20pm	Karakia	Sid Ropitini <i>Forum Facilitator</i>
3.30pm	Close	