



“Destiny is not a matter of chance;
It is a matter of choice;
It is not a thing to be waited for;
It is a thing to be achieved.”

Sir Winston Churchill



WAIROA C.A.C.T.U.S

GETTING TO THE GOOD ON THE INSIDE

WHAT IS CACTUS?



- **C**ombined
- **A**dolescent
- **C**hallenge
- **T**raining
- **U**nit
&
- **S**upport



CACTUS

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WHAT IS CACTUS ABOUT?



CACTUS is a program of physical training developed from the Armed Forces.

It is designed to extend a young person's mind and physical capability.

This CACTUS course runs for eight weeks, with three two hour sessions per week, of progressively harder physical routines and a healthy breakfast.

Longest Day is 07 April 2018



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WHAT DO THE PARTICIPANTS ACHIEVE?



The eight week course gets progressively more physically demanding – finishing after the 8th week with a graduation day which is aptly named ‘The Longest Day’.

During ‘The Longest Day’ the young person will pass physical and mental challenges as an individual and as a team member.



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OBJECTIVES OF CACTUS



To assist and support local youth.

Instill mind and body discipline.

Mentor youth at risk, reduce offending and drug and alcohol abuse.

Build team cohesion, spirit and an awareness of their ability to achieve beyond their own expectations.

Provide career education.



CACTUS

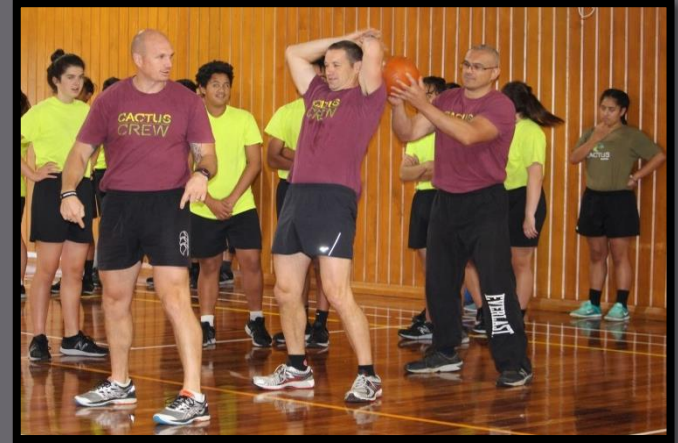
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EMPHASIS & INTENTION



Emphasis is put on discipline and teamwork.

The intention is to educate and give choices to young people, instil discipline and self esteem and encourage them to LOOK and LISTEN before they act.



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CACTUS IS FOR EVERYONE



This program is intended to provide Wairoa Youth with challenges to give them confidence in their ability to achieve.

It is open to anyone to participate in – not just youth offenders. However, the Youth Court can direct youth offenders to take part in the course.

CACTUS IS NOT A PROGRAM FOR 'BAD KIDS'.



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CACTUS IS NOT ...



CACTUS is not about counseling or attempting to convert every wayward youth.

It is about assisting youth to set and realise goals and give them challenges that exceed what they think they are capable of.

It is designed to give youth basic disciplines and guidelines outside of the home environment.



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CAREER EDUCATION



Career Education is an important part of this program and will give young people the opportunity to consider different options for their future.



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WHO RUNS CACTUS?



Wairoa CACTUS is run by a group of committed members of the community who each offer skills that are of value to the program.

This group are all members of the Wairoa community.

This group have developed the Wairoa program and fundraise to support the continuation of it.

CACTUS runs under the umbrella of The Wairoa Young Achievers Trust.

This term we have received funding from the Hawkes Bay District Health Board.

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WEDNESDAY MORNING



Be dressed and ready for roll call at 6 am outside Gym in front of Playground - don't be late.

Uniform - provided – bring your own black socks

Bring school uniform and a towel/soap.

After activity all will shower and change into correct school uniform.

Breakfast provided.

After Breakfast stay in school.

Repeat Wednesday and Friday each week.

SUMMARY



The success of this program will be presenting to our youth:

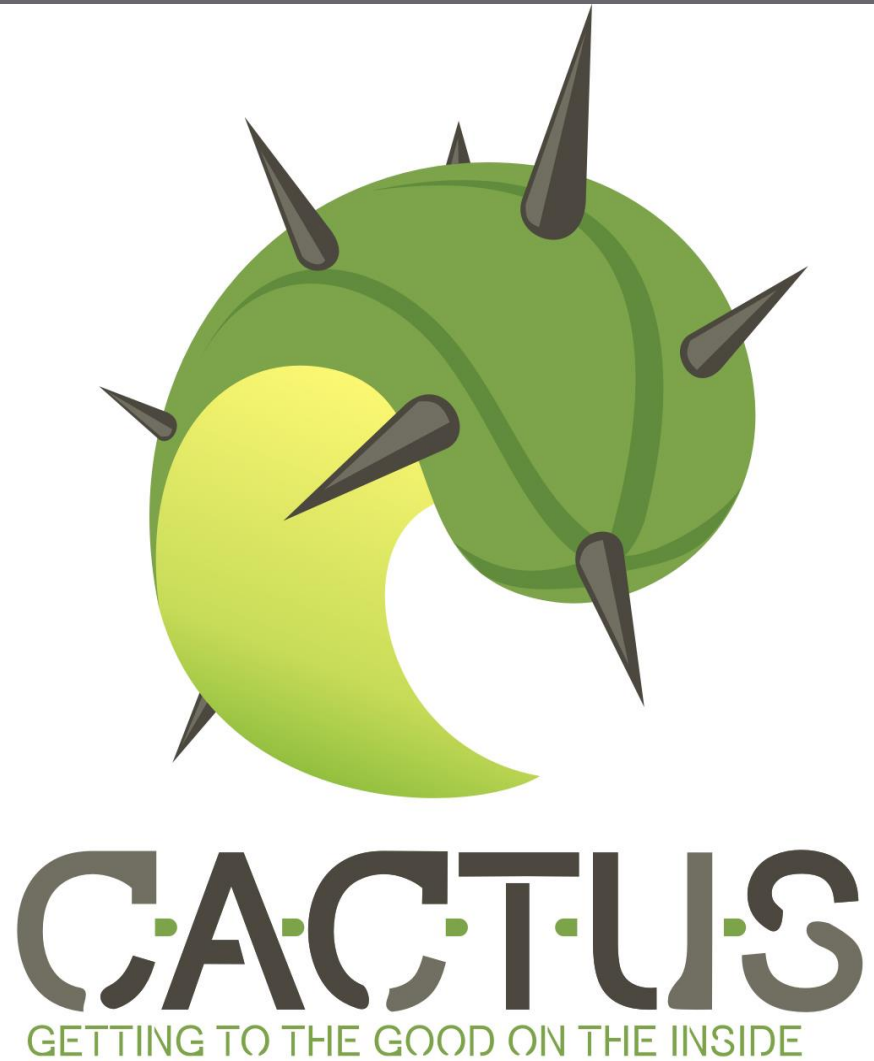
- achievable goals and models to aspire to; and
- the discipline and desire to achieve these goals.



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OUR LOGO



CACTUS

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