E-bikes in the Workplace

Canterbury

District Health Board

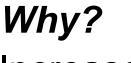
Te Poari Hauora ō Waitaha

What we did

- Surveyed staff
- Ran a trial
- Provided support, including H&S docs
- Re-surveyed staff
- Petitioned management to purchase bikes



E-bikes in the Workplace



Increases:

- physical activity
- mood, enjoyment of trip
- transport options
- riding confidence
 Saves on:
- vehicle running costs
- parking costs
- time



