

ANA Forum: Christchurch

Healthy Children Flourishing by Eating Well and Moving More

Friday 23rd March 2018

The Atrium, 455 Hagley Ave, Christchurch Central, Christchurch.



Programme as of 19th March 2018 - will be updated as required

A one-day professional development and networking event for people whose work relates to public health nutrition and physical activity

Tea and Coffee on arrival from 8:30 am

9:00am	Welcome and Housekeeping	Bronwen King Mistress of Ceremonies
9:15am	Activity and Nutrition Aotearoa Kia Hono, Kia Tipu: Connecting people and knowledge	Chelsea Slobbé Professional Development Coordinator Activity and Nutrition Aotearoa
9:30 am	Networking Activity	Bronwen King Mistress of Ceremonies Chelsea Slobbé Professional Development Coordinator Activity and Nutrition Aotearoa
10:00am	Setting the Scene for Nutrition and Physical Activity in Christchurch	Anna Stevenson Public Health Physician Canterbury District Health Board
10:25am	Energiser	Lauren Richardson Community Activator Healthy Families Invercargill
10:30 am	Morning tea	
11:00am	Supporting Communities to have Healthy Hearts for Life.	Mikaela Battaerd Nutrition Advisor Canterbury Heart Foundation Bek Parry Nutrition Advisor Canterbury Heart Foundation
11:25am	Nourishing Futures with Better Kai	Jade Winter Nutrition Health Promoter Community and Public Health West Coast
11:50 am	Confronting the Convenience: The role of convenience stores in children's food environments	Christina McKercher PhD student University of Otago
12:30pm	Energiser	Lauren Richardson Community Activator Healthy Families Invercargill
12:35 pm	Lunch	
1:15 pm	Is Sleep the Answer to Childhood Obesity?	Prof. Rachael Taylor Research Professor University of Otago
2:15 pm	Tā te tamariki mahi he wāwāhi tahā A Māori view of the role of children and our place in it.	Te Miri Rangi Advisor Māori Health Promotion Agency
2:45 pm	Short Presentations: Titles TBA	Jane Cartwright Executive Officer New Zealand Breastfeeding Alliance Emma Mears Activelinks Fieldworker Activelinks
	E-Bikes at work: A gateway drug to pedal cycling	Meg Christie Health Promoter Canterbury District Health Board
3:10 pm	Wrap up and Reflection	Chelsea Slobbé Professional Development Coordinator Activity and Nutrition Aotearoa
3:30pm	Close	Bronwen King Mistress of Ceremonies