## ANA Regional Nutrition and Physical Activity Forum

## **WHAKATANE**

**FINAL** 



Thursday 14 April 2016

Ohope International Golf Club, Harbour Rd Ohope

	Programme	
8:30am	Tea and coffee available on arrival	
9:00am	Karakia and mihi	
9:10am	Housekeeping	Gareth Moore-Jones, Master of Ceremonies, Toi Te Ora - Public Health Service
9:20am	Update from Toi Te Ora – Public Health Service on the childhood obesity strategy	<b>Louise Harvey</b> , Toi Te Ora – Public Health Service
9:35am	Kai Atua & update on Healthy Families NZ	Albie Stewart, Manager, Healthy Families East Cape
9:55am	Healthier is easy when you look for the stars	Samantha Taylor, Senior Advisor, Nutrition & Physical Activity, Health Promotion Agency
10:25am	Morning tea	
11:00am	Implementing Maori Food Sovereignty Strategies	Mate Heitia, Founder and REKA Trust Chairperson
11:20am	New Zealand's new Eating and Activity Guidelines	<b>Louise McIntyre</b> , Senior Advisor, Nutrition, Ministry of Health
11:50am	The Bay Navigator's weight management pathway	Philippa Jones, Services Leader, Western BoP PHO
12:10pm	Quickfire sharing – 5 minute timeslots for updates, news views, successes, and challenges	
12:30pm	Lunch	
1:15pm	Growing Healthy Communities	Sarah Stevenson, Health Improvement Advisor, Healthy Policies Team, Toi Te Ora – Public Health Service
1:30pm	Understanding the Sport New Zealand Physical Literacy Approach	Karen Laurie, Early Years and Primary School Consultant, Community Sport, Sport New Zealand
2:00pm	A dose of energy! + fruit snack	Everyone! Led byTBC
2:10pm	Love Food Hate Waste Campaign	Cayley McLean, Resource Recovery Coordinator, Tauranga City Council
2:30pm	Improving health in early childhood settings: How the Healthy Heart Award supports healthy eating and activity in preschoolers.	Jasmin Jackson, Health Promotion Coordinator, Heart Foundation, Rotorua
2:50-3:30	The importance of the first 1000 days	<b>Dr Anne Jaquiery</b> , Senior Lecturer, Liggins Institute & Consultant Paediatrician, Lakes DHB
	Farewell and thank you Closing karakia	

Aim to close by 4:00pm