

WHANGAREI

17 June 2016

FINAL

Barge Showgrounds Events Centre
 474 Maunu Road, WHANGAREI

Programme

8:30am	Registration Tea and coffee on arrival	
9:00am	Opening karakia, mihi Welcome & housekeeping	Warren Moetara , <i>Master of Ceremonies & Team Leader, Healthy Lifestyles, Northland District Health Board</i>
9:15am	Opening address	Ngaire Rae , <i>Health Promotion Manager, Manaia Health PHO</i>
9:25am	Food Security: Inspiration from NZ's most edible city	Matt Morris , <i>Coordinator, Christchurch Food Resilience Network</i>
10:25am	Morning tea	
10:55am	Using Social Media for Health Promotion: Myths and tips	Dr Ekant Veer , <i>Associate Professor, Department of Management, Marketing, and Entrepreneurship, University of Canterbury</i>
11:55am	Energiser	
12:00pm	Quickfire sharing – 5 minute timeslots for updates, news, views, successes, and challenges	
12.30pm	Lunch	
1.15pm	New Zealand's new Eating and Activity Guidelines	Louise McIntyre , <i>Senior Advisor, Ministry of Health</i>
	Energiser if needed	
1:30pm	Controversial nutrition issues: What's the real story?	Louise McIntyre , <i>Senior Advisor, Ministry of Health</i>
2:00pm	Energiser if needed	
2.10pm	Kai Time: Healthy meals for families on a budget	Diana Neru , <i>Kaimahi Hapori, Kai Time</i>
	Fruit snack	
3.00pm	Waiariki: Our water your future	Callie Corrigan , <i>Kaiārahi Matua - Service Delivery Programmes Manager</i> & Leonie Matoe , <i>Kaiwhakahaere Matua - Chief Executive Officer, Toi Tangata</i>
3.40pm	Wrap up, thank yous, and farewell	
3.50pm	Closing karakia	