

## PALMERSTON NORTH

Draft 10 May

Thursday 26 May 2016

Sport and Rugby Institute  
 56 Albany Drive, Massey University

### Programme

8:30am	Tea and coffee available on arrival	
9:00am	Karakia and mihi Welcome and housekeeping	<b>Meihana Durie</b> , <i>Master of Ceremonies</i>
9:15am	Phased approach to Kaupapa Māori physical activity and nutrition	<b>Paora Te Hurihanganui</b> , <i>Chief Executive, Te Papa Tākaro o te Arawa, Rotorua</i>
9:45am	Kawa Oranga: Developing a Māori workforce for the sector	<b>Darcy Karaka</b> , <i>Lead Academic, Health Promotion, Sport and Exercise</i> ; <b>Wakahuia Porter</b> , <i>Tutor, Health Promotion, Sport and Exercise</i> , & <b>Michaela Tahere</b> , <i>Kaikokiri, Kawa Oranga &amp; Poupou Pakari Tinana, Te Wānanga o Raukawa</i>
10:15	Discussion and question time	
10:30am	<b>Morning tea</b>	
11:00am	New Zealand's new Eating and Activity Guidelines	<b>Martin Dutton &amp; Louise McIntyre</b> , <i>Senior Advisors, Nutrition &amp; Physical Activity, Ministry of Health</i>
11:30am	Healthier is easy when you look for the stars	<b>Samantha Taylor</b> , <i>Senior Advisor, Nutrition &amp; Physical Activity, Health Promotion Agency</i>
12:00	Quickfire sharing – 5 minute timeslots for updates, news views, successes, and challenges	<i>Open to all participants – let us know if you have something to share</i>
12:30pm	<b>Lunch</b>	
1:20pm	Understanding the Sport New Zealand physical literacy approach	<b>Jo Colin</b> , <i>Young People Lead, Sport New Zealand</i>
1:50pm	SportStart developing physical literacy in schools	<b>Jason Fletcher</b> , <i>Primary School Sports Advisor, Sport Manawatu</i> & <b>Kelly Campbell</b> , <i>Primary School Teacher, Russell Street School</i>
2:05pm	Energiser	
Concurrent sessions – please choose ONE to attend		
	<i>Room 1</i>	<i>Room 2</i>
2:10 pm	Food and nutrition security in Aotearoa – Fallacy or Crisis? <b>Dr Geoff Kira</b> , <i>Research Officer, Research Centre for Maori &amp; Health Development, Massey University</i>  1 hour	Promoting active transport in Palmerston North – working across boundaries at the nexus of transport, health and urban planning <b>Dr Christine Cheyne</b> , & <b>Dr Imran Muhammad</b> <i>School of People, Environment &amp; Planning, Massey University</i> & <b>Adam Jarvis</b> , <i>Policy Analyst Environmental Sustainability, PNCC</i>
3:10pm	Energiser and fruit snack	
3:20pm		<b>Jade Wratten</b> , <i>Senior Lecturer, School of</i>

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The importance of the first 1000 days of life – maternal and infant nutrition & physical activity. (title will change)

*Midwifery - Otago Polytechnic - Te Kura  
Matatini Ki Otago (based in Palmerston  
North)*

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3:45pm Thank you and farewells  
Karakia mutunga

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Aim to close by 4:00pm