

7:30 - 8:30	Registration			
8:30 - 8:50	Mihi whakatau			
8:50 - 8:55	Opening words from ANA Chairperson: Mafi Funaki-Tahifote			
8:55 - 9:05	Housekeeping – MC: Eroni Clarke			
9:05 - 9:20	Opening speaker			
9:20 - 10:30	Keynote speaker Professor Neville Owen (Baker IDI Heart and Diabetes Institute in Melbourne) Too Much Sitting: Implications for chronic disease prevention. Followed by Q&A with a panel			
10:30 - 11:00	Morning tea - proudly brought to you by the Cancer Society of New Zealand			
11:00 - 12:30	Concurrent presentations			
	Rendezvous 1	Rendezvous 2	Tasman 1	Tasman 2
	BURP (Breastfeeding's Ultimate Refuel Place) Smartphone App and Website: The cool support tool for Southern breastfeeding mums. <i>Kathleen Eade & Sophie Carty</i>	Consuming Calories and Creating Cavities: Beverages NZ children associate with sport. <i>Moiria Smith</i>	Challenging the Status Quo of Traditional Active Options. <i>Louisa Cooper</i>	Under 5 Energize: Successful outcomes from an innovative project. <i>Madeline Kirk</i>
	How Do I Grow? A Health and Wellbeing Programme for Children in Early Childhood Care. <i>Karen Munday</i>	Taking the Science of Sensible Nutrition Mainstream: Lessons from 10 years of Healthy Food Guide magazine. <i>Niki Bezzant</i>	Smartphone Apps to Improve Fitness and Increase Physical Activity Among Young People: The Aimfit RCT. <i>Artur Direito</i>	He Oranga Rangatahi: Waka ama as the vehicle. <i>Carrie Taipari</i>
	A Sustainable Approach to Obesity Prevention in Early Childhood from NZ and the UK. <i>Louise Morrissey</i>	What App? Mobile health interventions for promoting healthy eating. <i>Rebecca McLean</i>	Water Babies: Water safety for life. <i>Kirsty Carling</i>	School Gardens and Adolescent Nutrition and BMI: Results from a national, multilevel study. <i>Jennifer Utter</i>
	L Whanau Pakari: Perceptions versus reality - how active are obese New Zealand children? <i>Kris Moller</i> L The Big Latch On: A community development initiative for breastfeeding peer support. <i>Isis McKay</i> L Complementary Feeding: Introducing foods that promote lifelong health and reduce disease risk. <i>Caroline Gunn</i>	L Vegetables.co.nz and Health Professionals. <i>Pip Duncan</i> L Hot Potatoes. <i>Carolyn Lister</i> L Pacific Soaking in Fast Food: An analysis of food outlets in South Auckland. <i>Fa'asisila Savila</i>	Perceived Benefits, Barriers and Contributing Factors to Physical Activity Adherence for People with Mental Illness. <i>Arno Grueber</i>	Building Food Literacy for the Future: How Garden to Table is empowering children in their health, learning and environment. <i>Catherine Bell</i>

12:30 - 1:40	Lunch Whetu, Wai, Whenua – connecting health and Māori concepts of the environment. Toi Tangata share key insights from Hui-ā-Tau ki Karitane 2015 All welcome! (Tasman 1)					
1:40 - 3:10	Concurrent workshops (90mins)					
	Rendezvous 1	Rendezvous 2	Tasman 1	Tasman 1	Coromandel Room	Outdoors
	Sugar Sweetened Beverages: Are you ready to make a difference? (45 min) <i>Rob Beaglehole</i> The Sleep Paradox: A horizontal answer to poor energy and cognitive function. (45min) <i>Geoff Kira</i>	Making It Easier to Make Submissions. <i>Keriata Stuart</i>	Vision 2024: It starts with me. <i>Carolyn Watts, Rebecca Whiting, Delvina Gorton, & Leonie Matoe</i>	Building Sustainability into Community-based Prevention Initiatives. <i>Jill Whelan & Penny Love</i>	Fundamental Skills Incorporating Nga Kemu Mo Nga Mokopuna (Māori Games For Children). <i>Jamie George, Robyn Polley & Joe-Anne Hill-Moana</i>	Active Transport: A walking tour of a transformed central Auckland. <i>Debbie Lang & Kathryn King</i> Outdoors walking tour - meet at the conference registration desk.
3:10 - 3:30	Afternoon tea					
3:30 - 4:15	Guest speaker: Dr Anne Jaquiere (Liggins Institute and Lakes DHB) The Long Term Legacy of Early Life Nutrition: Changing the way we think about public health interventions					
4:15 - 5:15	Guest speaker: Dr Lisa Te Morenga (University of Otago) What's the story: Why is sugar STILL a hot topic? Followed by Q & A with a panel					
5:15	Karakia whakamutanga					
5:30 - 6:30	Social function: Pre-dinner drinks and nibbles (Pre-function Room)					

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7:00	Registration desk opens			
7:15 - 8:15	5+ A Day Breakfast session Guest speakers Judith Ball & Carolyn Watts (Quigley and Watts) Fruit For Thought With 5+ A Day (Tasman 1 & 2)			
8:30 - 8:40	Opening karakia Wrap up from day 1 & welcome to day 2 Annaleise Goble, ANA			
8:40 - 9:40	Keynote Speaker Dr Shelley Bowen (Department of Health, Melbourne) Healthy Together Victoria – Insights and lessons for Healthy Families NZ and wider. Followed by Q & A with a panel			
9:40 - 10:00	Ministry of Health update			
10:00 - 10:40	Guest speaker Dougal List (New Zealand Transport Agency) Changing Gear in Cycling: Opportunities for partnerships and relationships to maximise the benefits from increased cycling investment.			
10:40 - 11:10	Morning tea - proudly brought to you by the Heart Foundation			
11:10 - 12:40	Concurrent presentations			
	Rendezvous 1	Rendezvous 2	Tasman 1	Tasman 2
	Working with Local Government to Promote Nutrition and Physical Activity: A snapshot of the evidence. <i>Carolyn Watts</i>	Child Obesity Prevention in the Wellington Region: A coordinated approach to health promotion. <i>Tess Clarke</i>	Does Healthy Food Cost More? Monitoring the cost of healthy and current diets. <i>Sally Mackay</i>	Building Healthier, Happier Towns and Cities in Aotearoa. <i>Julie Anne Genter</i>
	Evaluation of a Heart Foundation Pilot Programme for Menus in Workplace Cafeterias. <i>Judith Morley-John & Mark Wylie</i>	The Evolution of Whanau Pakari: A multi-disciplinary intervention for child and adolescent obesity in Taranaki. <i>Yvonne Anderson</i>	Fat Tax and All That: The pros and cons of taxing food. <i>Louise Signal</i>	Encouraging Physical Activity Through Travel Planning. <i>Melanie Alexander</i>
	Sugary drinks: What's in the energize tool kit after 10 years? <i>Kasha Latimer & Milly Connell</i>	Shaping Improvements in Pacific Health Over 14 Years: Findings from the Pacific Islands families study. <i>Fa'asisila Savila</i>	Barriers and Enablers to New Zealand City Councils Developing and Implementing Food and Nutrition Policy. <i>Jacinda Gower</i>	Financial Incentives to Cycle to Work: Possibilities for New Zealand. <i>Christian Williams</i>

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11:10 - 12:40	Concurrent presentations (Continued)				
	Rendezvous 1	Rendezvous 2	Tasman 1	Tasman 2	
	<p>🕒 Integrated Cardiac Rehabilitation: Lessons from te ao Māori. <i>Geoff Kira</i></p> <p>🕒 Edible Landscapes: Realistic ideas for real workplaces. <i>Victoria Egli</i></p> <p>🕒 Diabetes Projects Trust Workplace Wellness Programme: An overview. <i>Briar Bennett</i></p>	<p>🕒 Connecting Under 5 Energize and the healthy heart award. <i>Leanne Young</i></p> <p>🕒 Case Studies in Community-based Obesity Prevention: Practice to evidence. <i>Penny Love</i></p> <p>🕒 Healthy Auckland Together. <i>Michael Hale</i></p>	<p>Health Star Rating: Simplified nutrition information to help consumers identify the healthier choice. <i>Phillippa Hawthorne</i></p>	<p>Bikes in Schools: Is this New Zealand's most effective children's physical activity project? <i>Paul McArdle</i></p>	
12:40 - 1:40	<p>Lunch</p> <p>Green Prescription Get Together (Tasman 1)</p> <p>What's Sustainability Got to do With Food and Transport? (Tasman 2)</p> <p>A conversation with the Sustainable Business Network</p>				
1:40 - 2:40	Concurrent workshops (60mins)				
	Rendezvous 1	Rendezvous 2	Tasman 1	Tasman 2	Coromandel Room
	<p>Citizen Engagement and Empowerment for Obesity Prevention in New Zealand. <i>Stefanie Vandevijvere & Boyd Swinburn</i></p>	<p>Healthy Together Victoria and Healthy Families NZ: Complex whole of systems applied <i>Shelley Bowen, Michelle Palmer & Aimee Hadrup</i></p>	<p>Food Practices and Social Health: Working towards a holistic nutrition promotion. <i>Eva Neely</i></p>	<p>Pacific Cultural Competency: Our experience in sharing nutrition information with Pacific people. <i>Mafi Funaki-Tahifote & Sue Pirrit</i></p>	<p>The Way Kids Used to Play: Lost but not forgotten? <i>Scott Duncan</i></p>
2:40 - 3:00	Afternoon tea				
3:00 - 3:40	<p>Conference debate</p> <p>Should the government stay out of the kitchen?</p> <p>Dr Eric Crampton (The New Zealand Initiative) & Geoff Simmons (The Morgan Foundation)</p> <p>Chaired by Professor Boyd Swinburn (University of Auckland)</p>				
3:40 - 3:50	<p>Closing speaker</p> <p>Professor Boyd Swinburn (University of Auckland)</p>				
3:50 - 4:00	Karakia whakamutunga				