



Under 5 Energize: Fundamental Skills Incorporating Ngā Kēmu mō ngā Mokopuna

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1

- Memorandum of Understanding
- (1-3 Visits)
- 122 signed

2

- Stocktake
- (1-3 Visits)
- 121 completed

3

- Needs Analysis
- (1-3 Visits)
- 120 completed

4

- Action Plan
- (1-3 Visits)
- 108 signed

5

- Revised Action Plan
- (1-3 Visits)
- 80 signed

133 Centres targeted

- 3 Centre's not approached
- 9 Centre's declined

121 centres currently engaged in the project
after 19 months



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Why the focus on Fundamental Skills?

- **Movement and play provide the foundation for later skill development**
- **Movement and learning are dependent on one another**

A simple activity like reaching for a suspended toy encourages baby to coordinate hand and eye movements

NGA KEMU MO NGA MOKOPUNA

All games can whakapapa back to our **Tupuna**.

Ngā mahi a te Rēhia was a way of teaching our tamariki skills to get them ready for life.

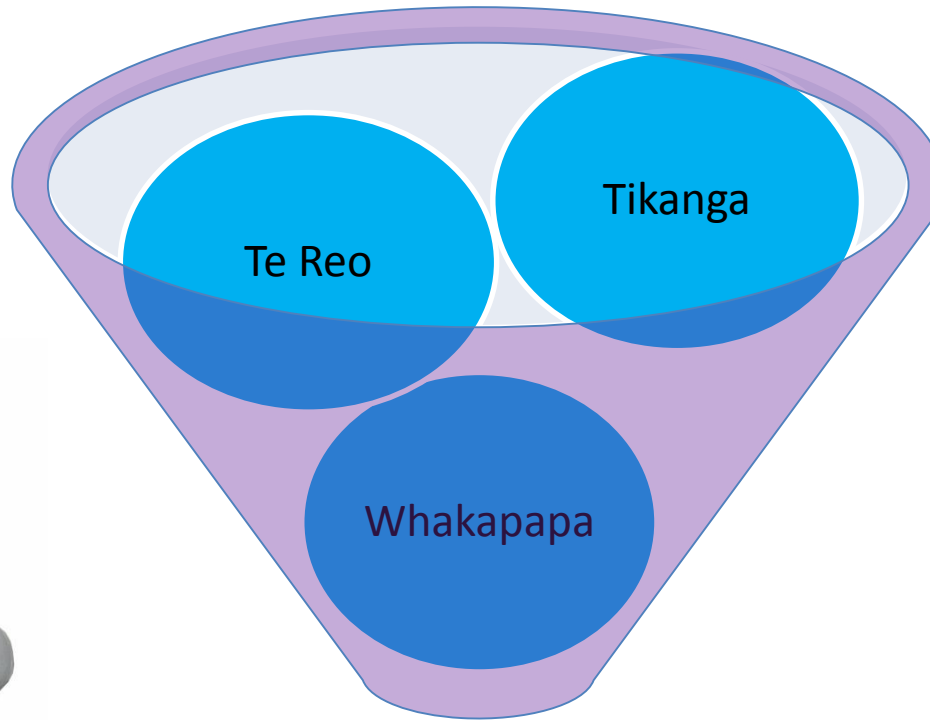
Māori games were used for:

For fun

To teach our tamariki skills

So our tamariki can interact with each other

Poi Toa



Rākau

Ngā mahi a te Rēhia



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Summary

Encouraging children to enjoy being active (kori tinana) using Māori games to develop fundamental skills while focusing on the importance of Ngā mahi a te Rēhia

Thank you

**EAT HEALTHY
BE ACTIVE
HAVE FUN!**

