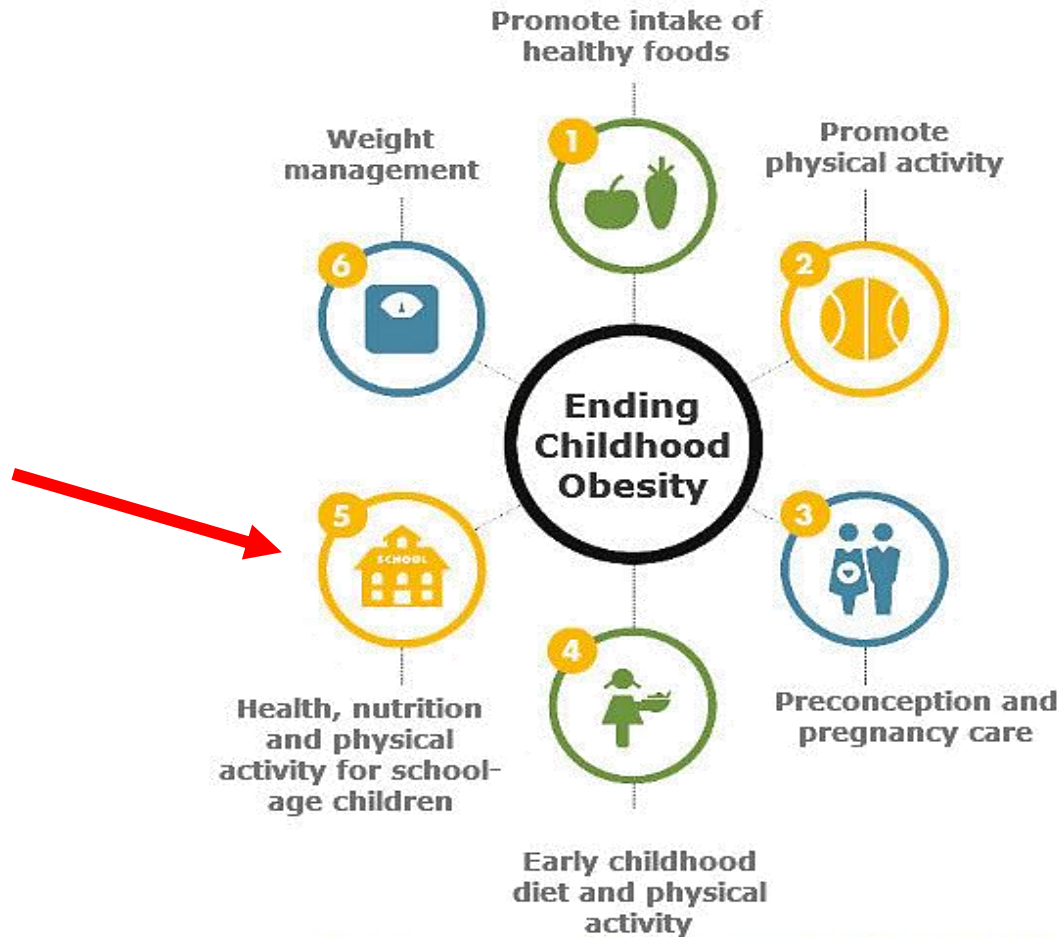


# Wrap-around approach



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TURNING KNOWLEDGE INTO ACTION



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# Empower: tackling the biggest epidemic to threaten NZ children this century

*Two organisations, 80% of New Zealand schools.*



John O'Connell  
Chief Executive  
Life Education

Linda Taylor  
Executive Officer  
Garden to Table

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1 in 9

children aged  
2–14 years are obese

11%

# Kids in NZ

## CHILDREN



1 in 4

Pacific children are obese

27%



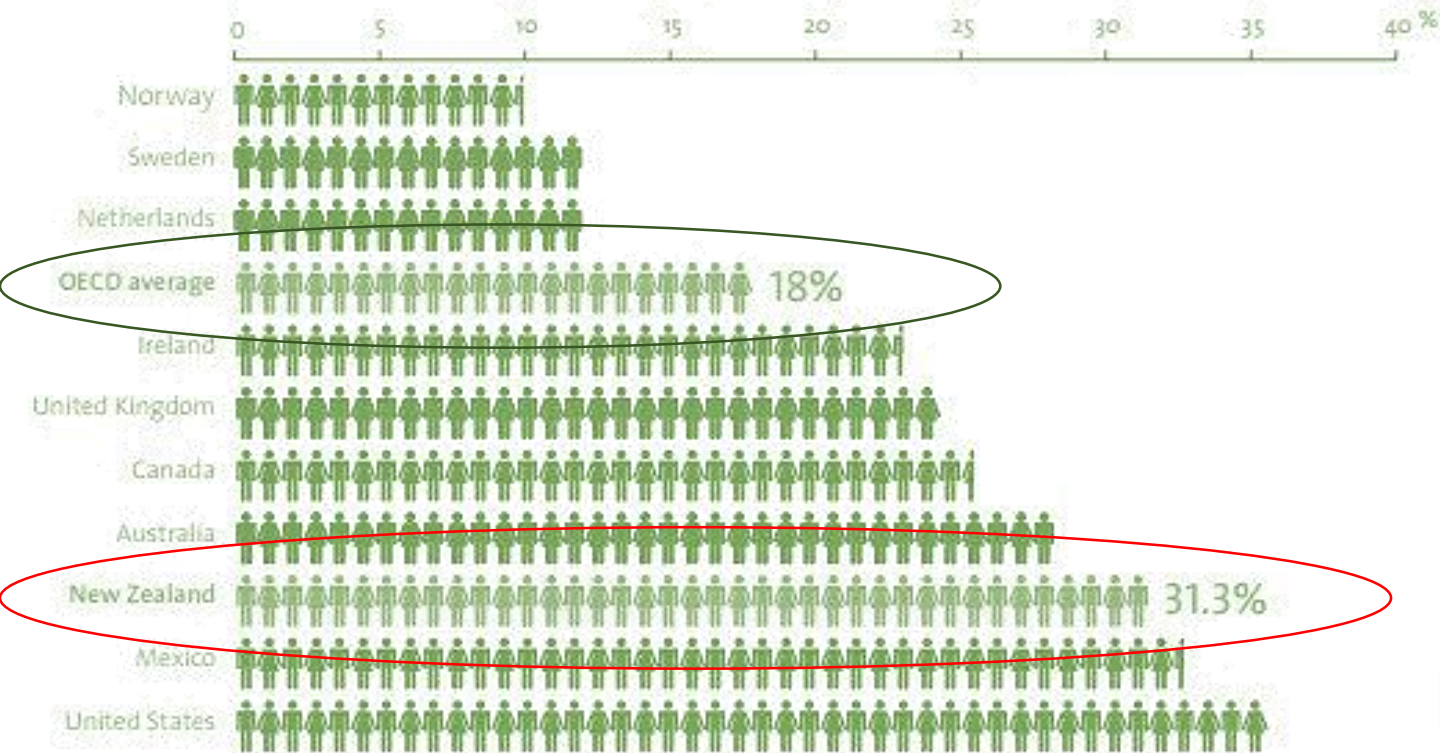
1 in 5

Māori children are obese

19%

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# Obesity





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## IMPACTS OF OBESITY



# Impacts

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# Empower:

part of a sustainable, long-term solution





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# Empower: objectives and outcomes

*Year 1: 2017*

 12,000 children

 70 schools





# Empower: objectives and outcomes

*Year 2: 2018*

 A further 20,000 children

 100 additional schools





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# How does it work?

Learn



Grow



Cook



Eat



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# Empower: how can you help?

## Become our advocates!

- Talk about us to you local schools, community leaders
- Volunteer: kitchens, gardens or working bees
- Include us in newsletters, social media, or invite us to speak



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Thank you

Questions?

Visit us in the  
exhibition area!



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