food literacy Why is it important?

Once, food was intimate and if we had not grown or produced it ourselves, in order to consume it, we had to face its producers.

Now—a-days, having entirely lost this connection, our relationship with food is akin to a one-night stand; We eat without caring; we do not think about origins or consequences; and, we try to avoid thinking about those consequences.

Angela Hirst – Scrag End food journal, Australia































www.gardentotable.org.nz