



**HEALTHY
AUCKLAND
TOGETHER**

**MONITORING REPORT
SUMMARY 2017**

HOW'S AUCKLAND DOING?

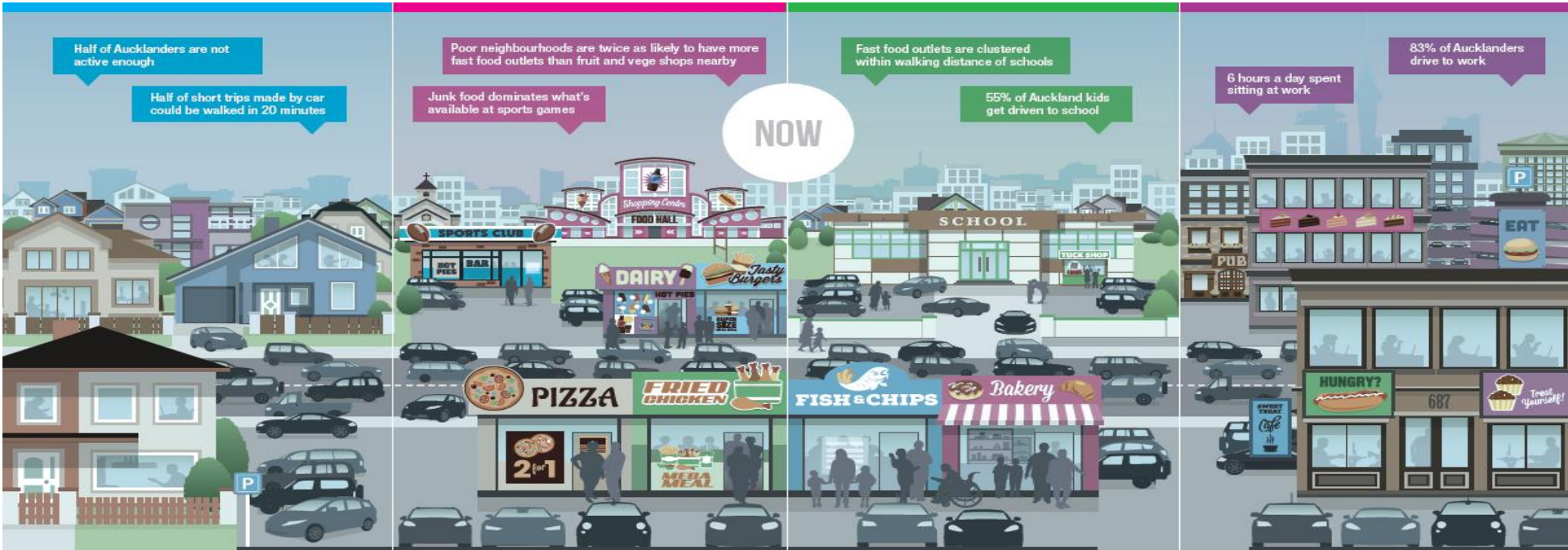
Dr Nick Eichler, Auckland Regional Public Health Service



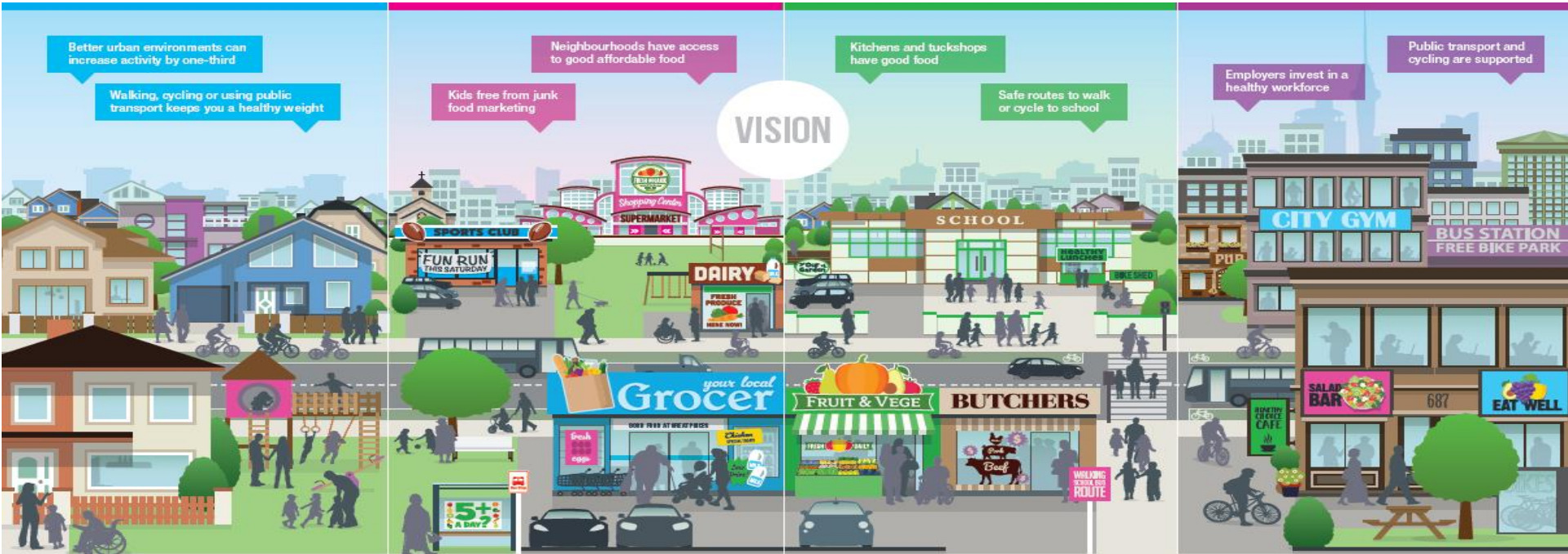
Healthy Auckland Together

 Auckland Sport & Recreation	 ALLIANCE HEALTH+	 The Asian Network Incorporated	 Auckland Council <i>Te Kauhēra o Tāmaki Makaurau</i>	 AUCKLAND DISTRICT HEALTH BOARD <i>Te Toka Tumai</i>
 AUCKLANDPHO	 Auckland Regional Public Health Service <i>Rātonga Hauora ā Iwi o Tāmaki Makaurau</i>	 Auckland Transport	 comprehensive care	 in association with waitemata pho
 EAST HEALTH TRUST primary health organisation	 Hāpai Te Hauora <i>Māori Public Health</i>	 hpa health promotion agency	 healthy families New Zealand	 Heart Foundation
 MANA WHENUA <i>i Tāmaki Makaurau</i>	 MINISTRY OF HEALTH MANATŪ HAUORA	 National Hauora Coalition	 THE NATIONAL INSTITUTE FOR HEALTH INNOVATION THE UNIVERSITY OF AUCKLAND	 Pacific Heartbeat
 ProCARE	 Te Runanga Ngati Whatua	 TOTAL HEALTHCARE Improving Community Health	 THE UNIVERSITY OF AUCKLAND NEW ZEALAND <i>Te Whare Wānanga o Tāmaki Makaurau</i>	 Waitemata District Health Board Best Care for Everyone

The Environmental Approach



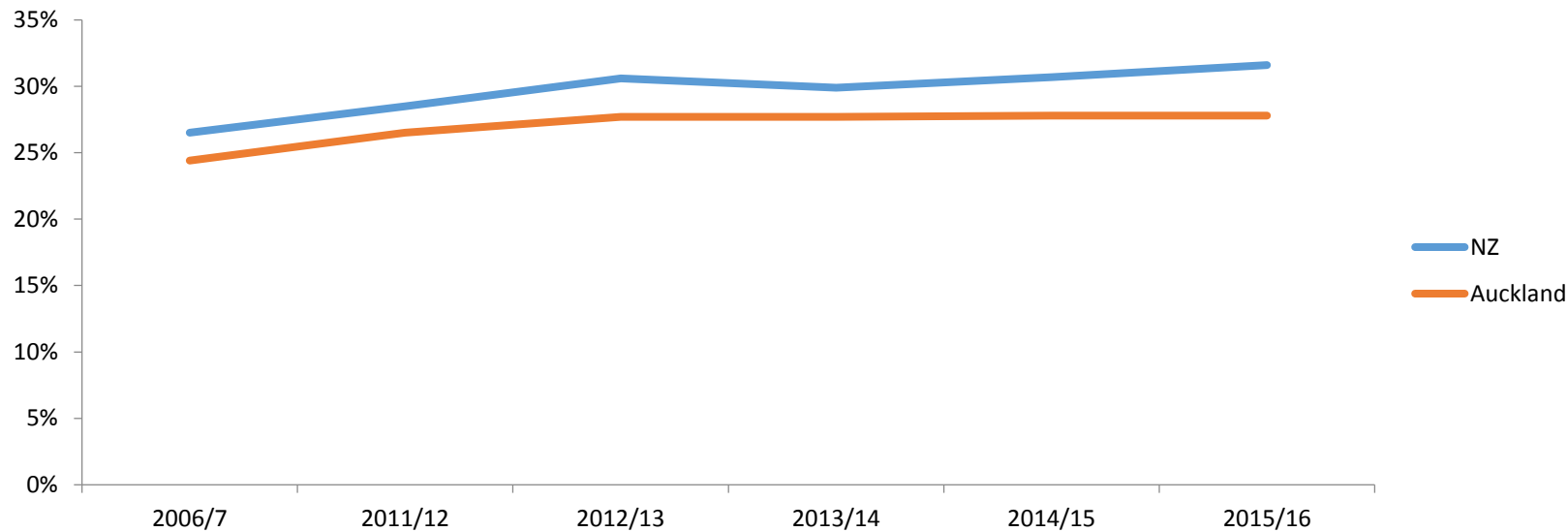
The Environmental Approach

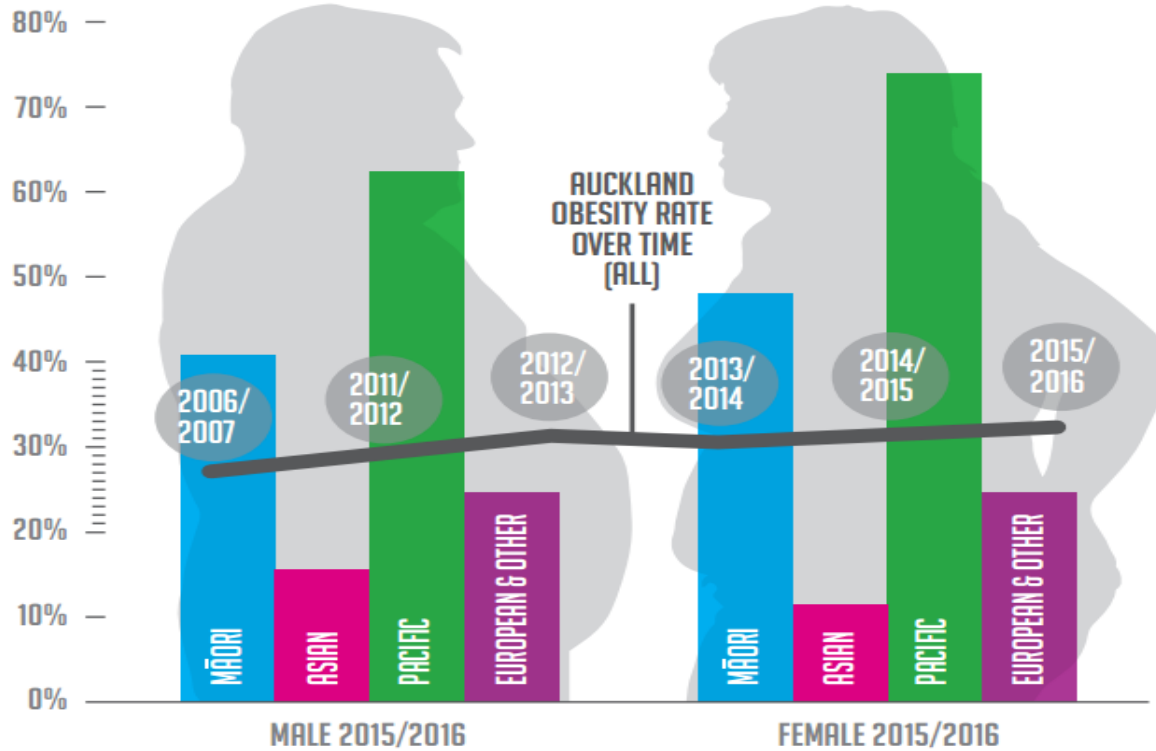


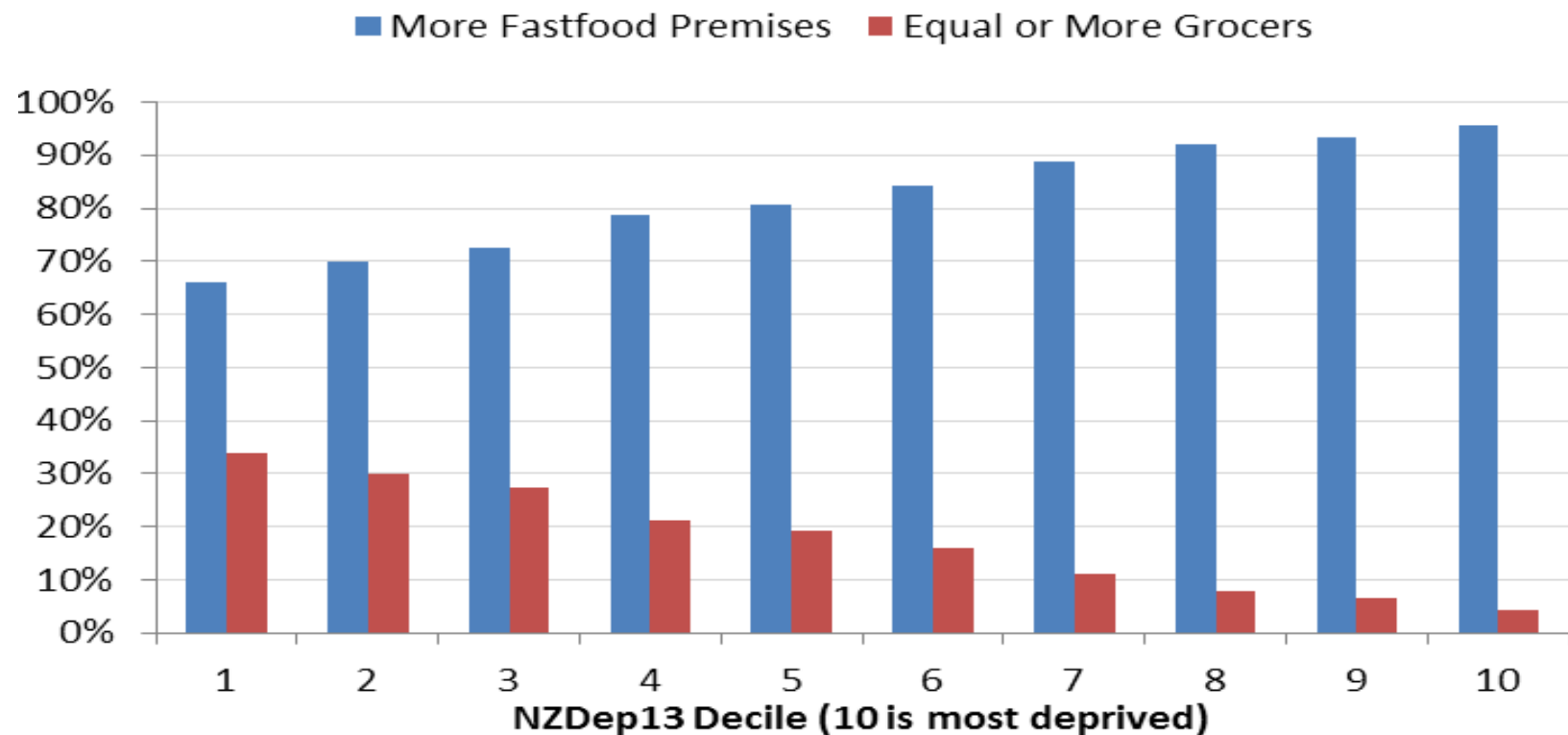
Food Environments



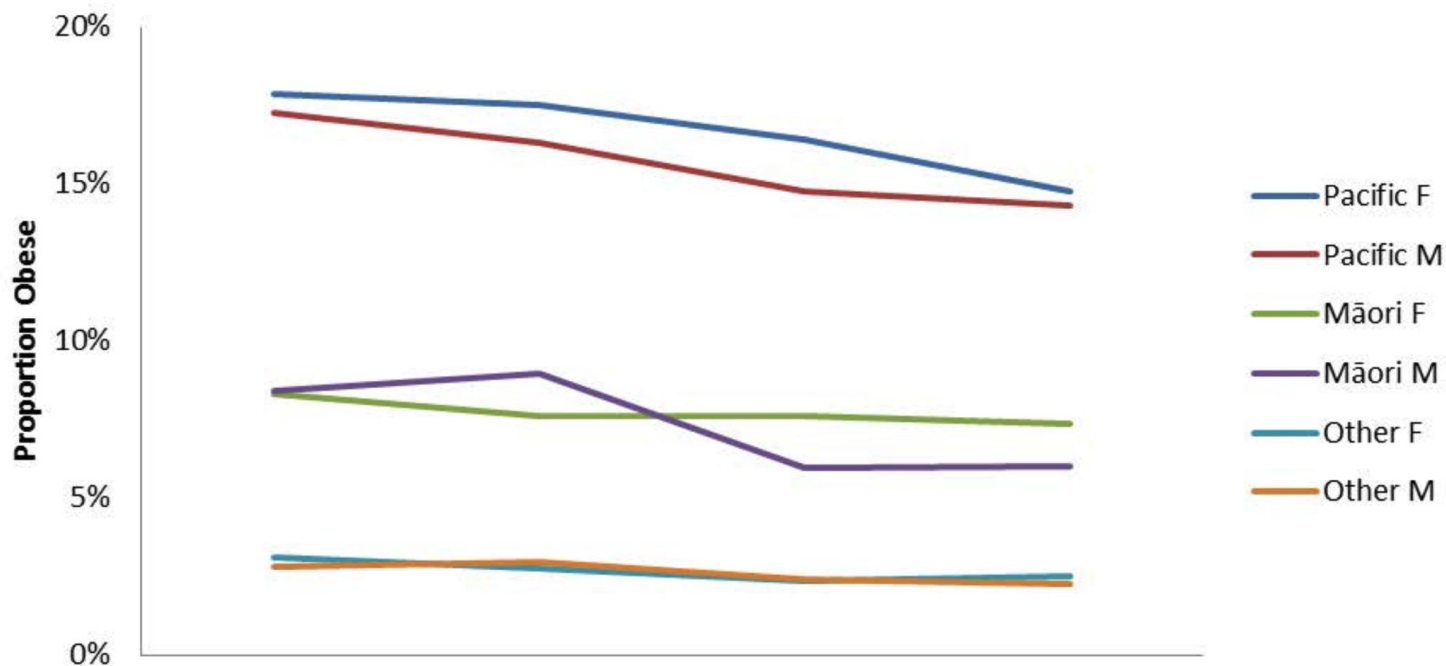
Adult Obesity







Child Obesity



OVERWEIGHT AND OBESE 4 YEAR OLDS



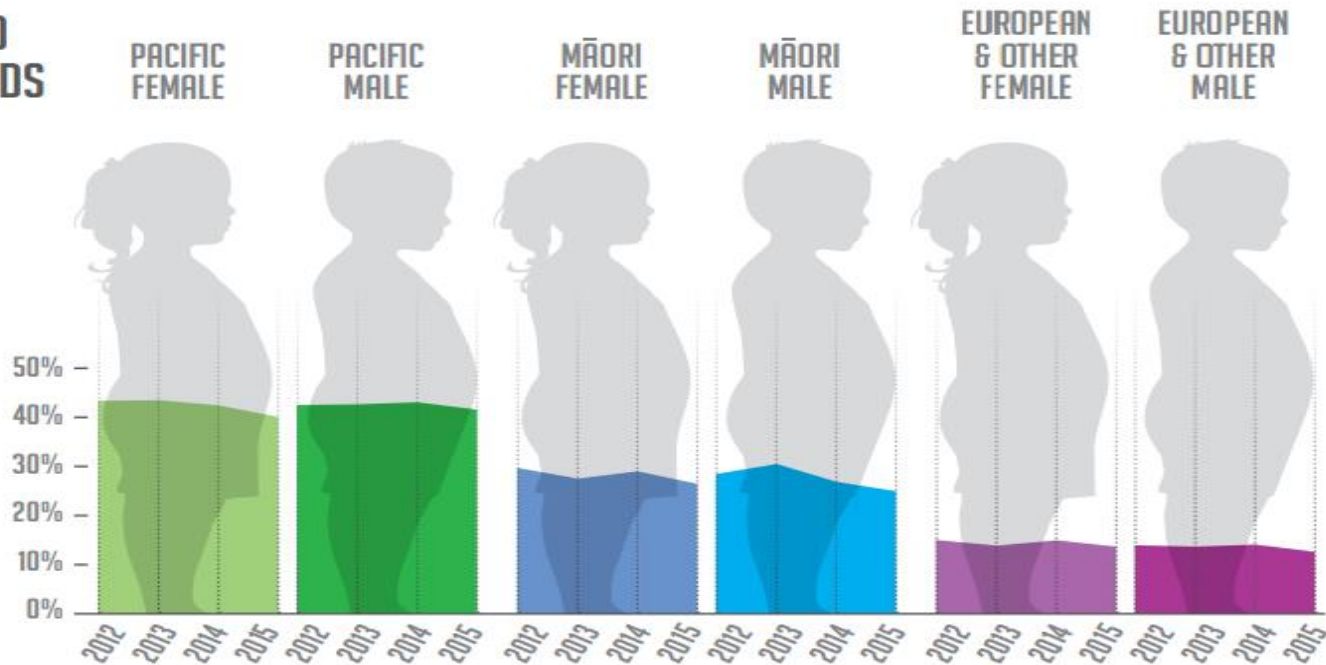
GETTING WORSE

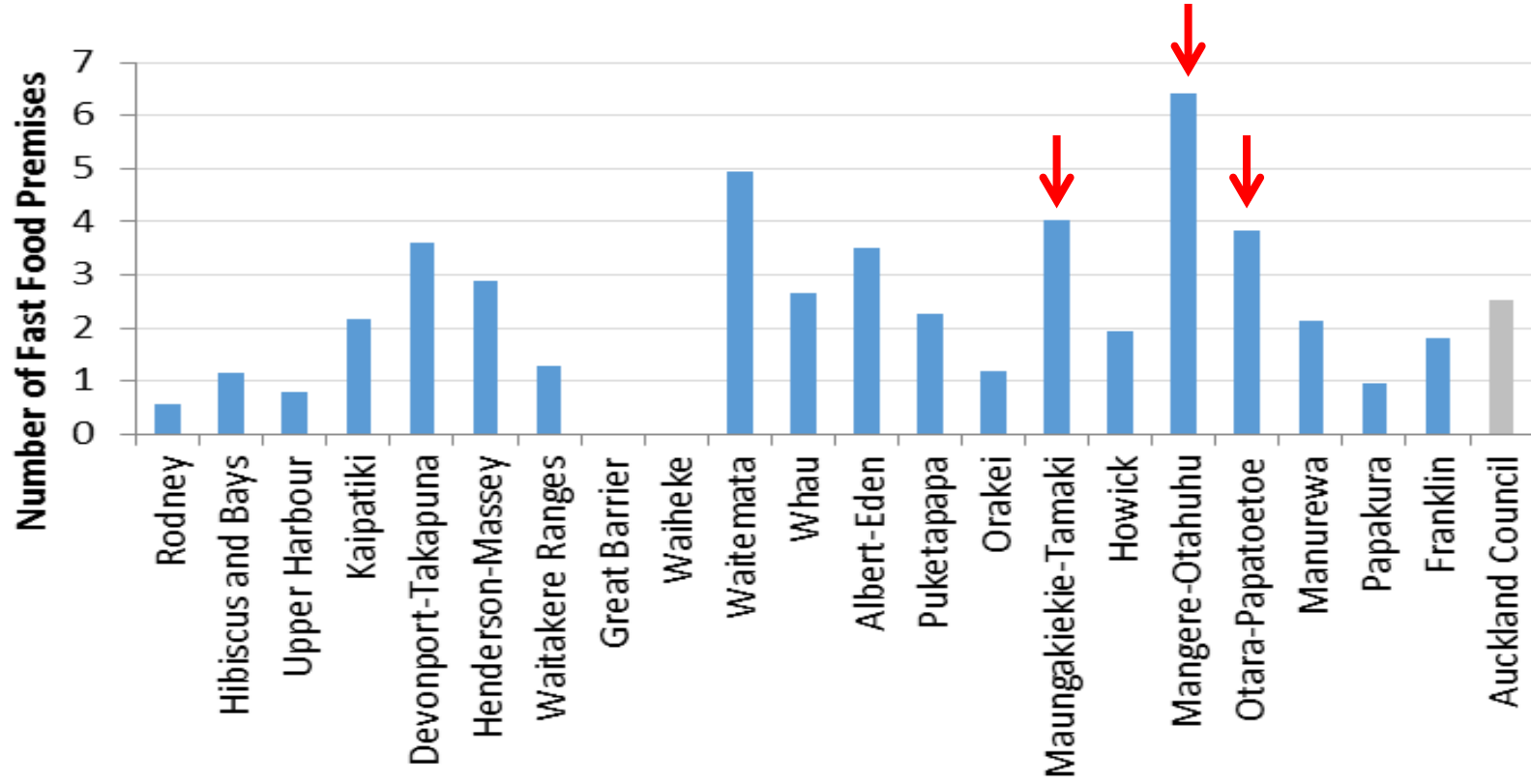
NO IMPROVEMENT

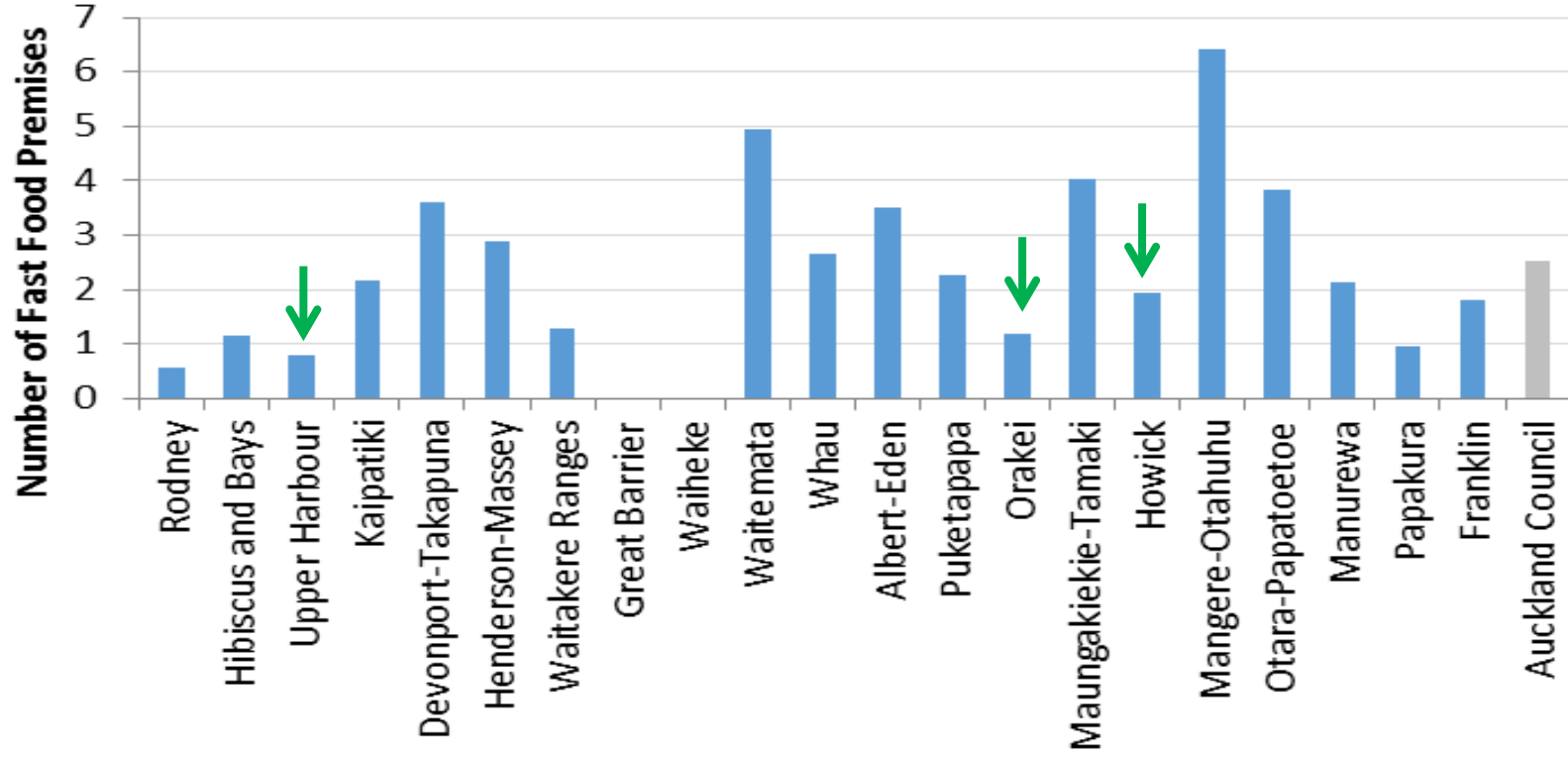
GETTING BETTER

There has been a decline
in rates of children who are
overweight or obese

from **22%** to **20%**







CHILD DENTAL CARIES

MEAN SCORE 5 YEAR OLDS WITH DECAYED, MISSING OR FILLED TEETH

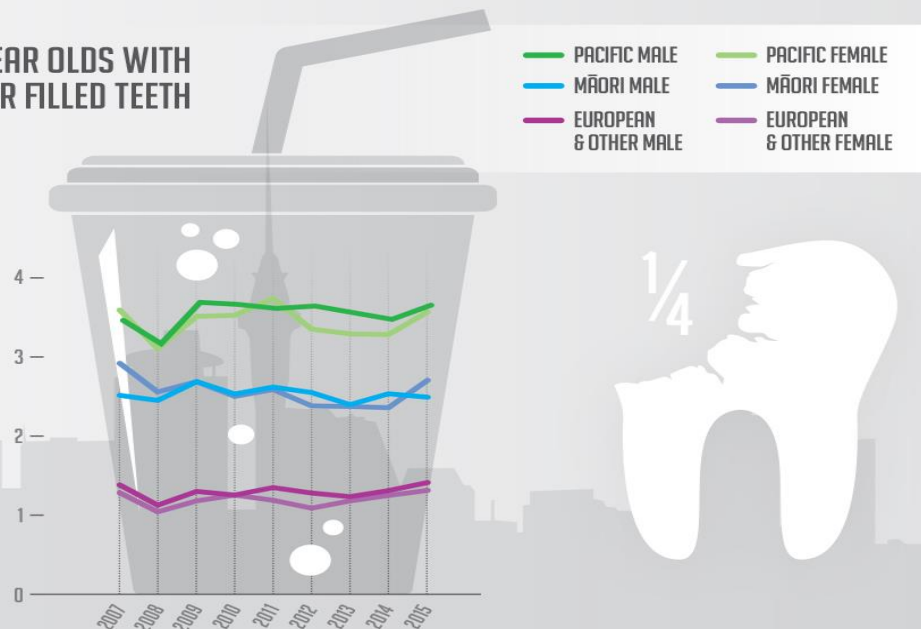


GETTING WORSE

NO IMPROVEMENT

GETTING BETTER

SUGAR SWEETENED BEVERAGES
contribute more than $\frac{1}{4}$ OF THE ADDED SUGAR
IN CHILDREN'S DIETS



Active Cities



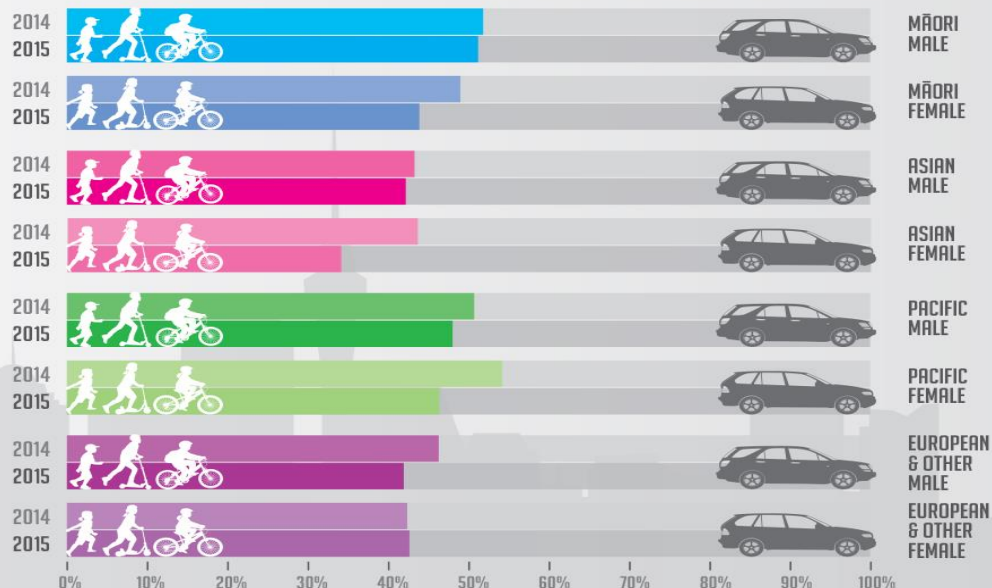
CHILD PHYSICAL ACTIVITY

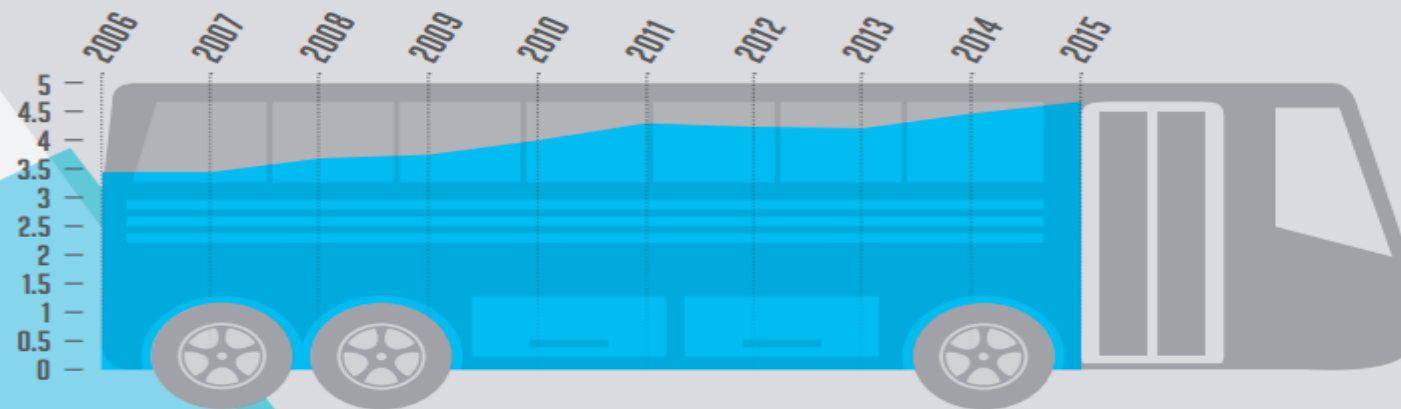
ONLY 43%
OF ALL CHILDREN
used active transport to
get to school



ACTIVE TRANSPORT 5-14 YEAR OLDS

GETTING WORSE
NO IMPROVEMENT
GETTING BETTER





**MONTHLY PUBLIC
TRANSPORT TRIPS
PER CAPITA (OVER
5 YEARS OLD)**

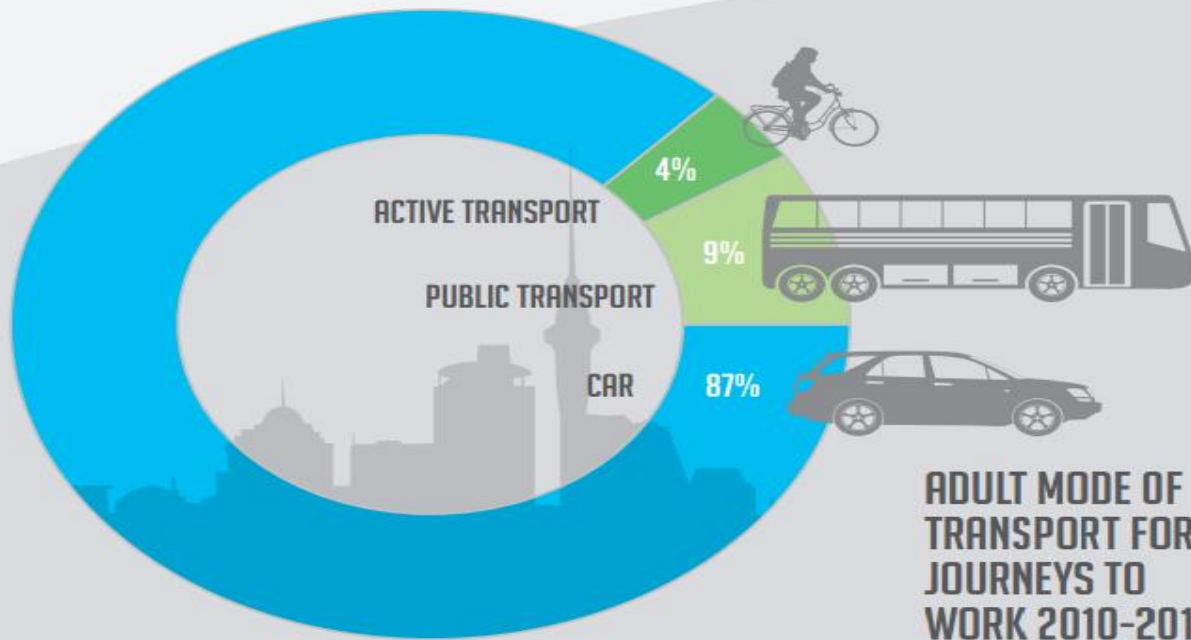
ADULT PUBLIC AND ACTIVE TRANSPORT



GETTING WORSE

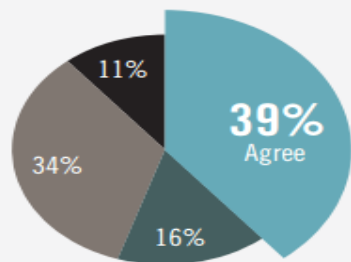
NO IMPROVEMENT

GETTING BETTER



OVERALL STATE OF CYCLING

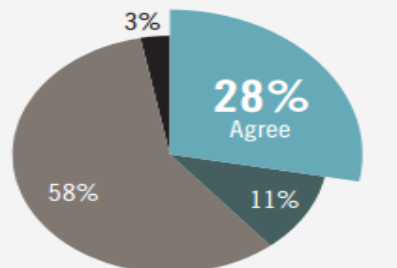
2016



MEAN SCORE: 5.0

CONFIDENCE IN CYCLING

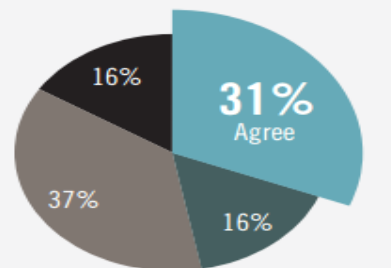
2016



MEAN SCORE: 3.6

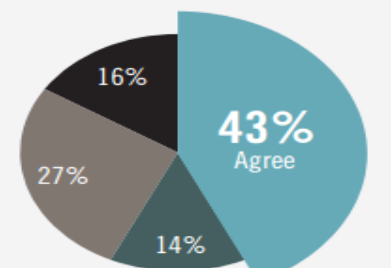
AUCKLAND HAS A WELL-CONNECTED CYCLE NETWORK

2016



CYCLE LANES IN AUCKLAND ARE OF GOOD QUALITY

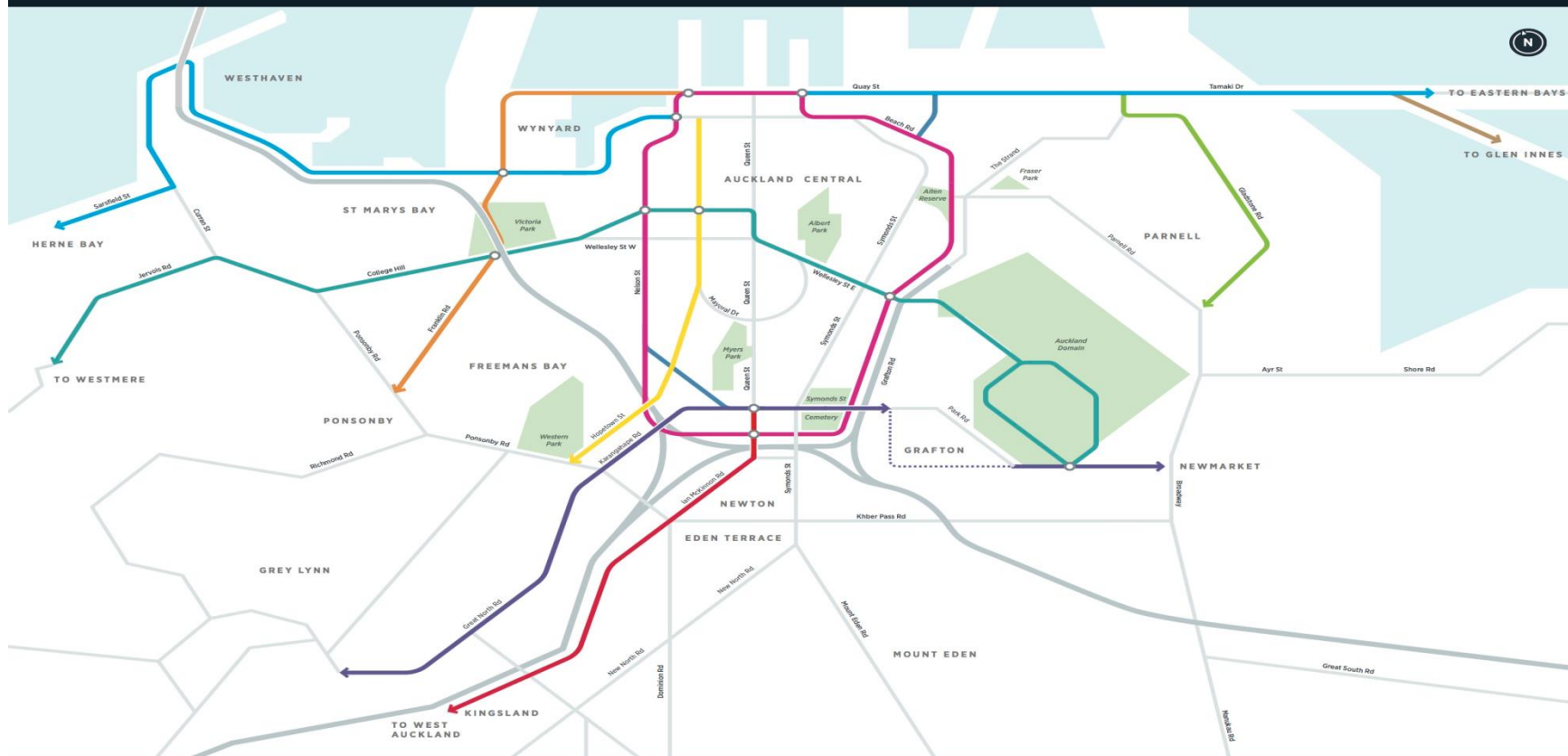
2016



■ Don't know ■ 0-4 (Disagree) ■ 5 (Neutral) ■ 6-10 (Agree)



Auckland Central Cycleways



Take-Homes

- Environment is a powerful determinant of NCDs
- People of different ethnicities and SES are exposed to the city environment differently
- Cities have the power to make change