

Collaboration for Collective Impact

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He Oranga Whānau



What are we going to cover

Our story

- Co-design approach empowering community leadership
- Shifting the culture of a school through influencing systems

Co-design activity

Empowering Community leadership

How can community spaces influence and affect change for community health and wellbeing?

CO-DESIGN PROCESS

Design



Community Leaders Forum



“It was a very powerful and energized forum I had the privilege to attend yesterday. There was lots of good information some of which I would like to implement thru the Kelston Hub. Please convey my sincere thanks to your team. Job well done”—Community Hub Leader



- **The Powerful question**
- **Systems Mapping**
- **Three Bold Steps activity**
- **Appraisal tool**

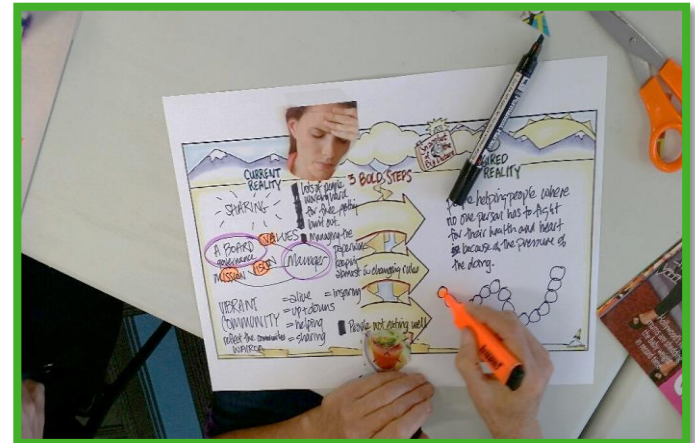
DISCOVER

THREE BOLD STEPS ACTIVITY

What is the Current Reality?

What is the Desired Future

What Actions can be taken to get to The Desired Future?





IMAGINE

Identifying Common Themes to get to desired realities

- Train community leaders
- Provide multicultural services
- Volunteer drive for community gardens and orchards
- Encourage communication
- Fun accessible activities



IMAGINE

Volunteer drive for community gardens and orchards

Kai

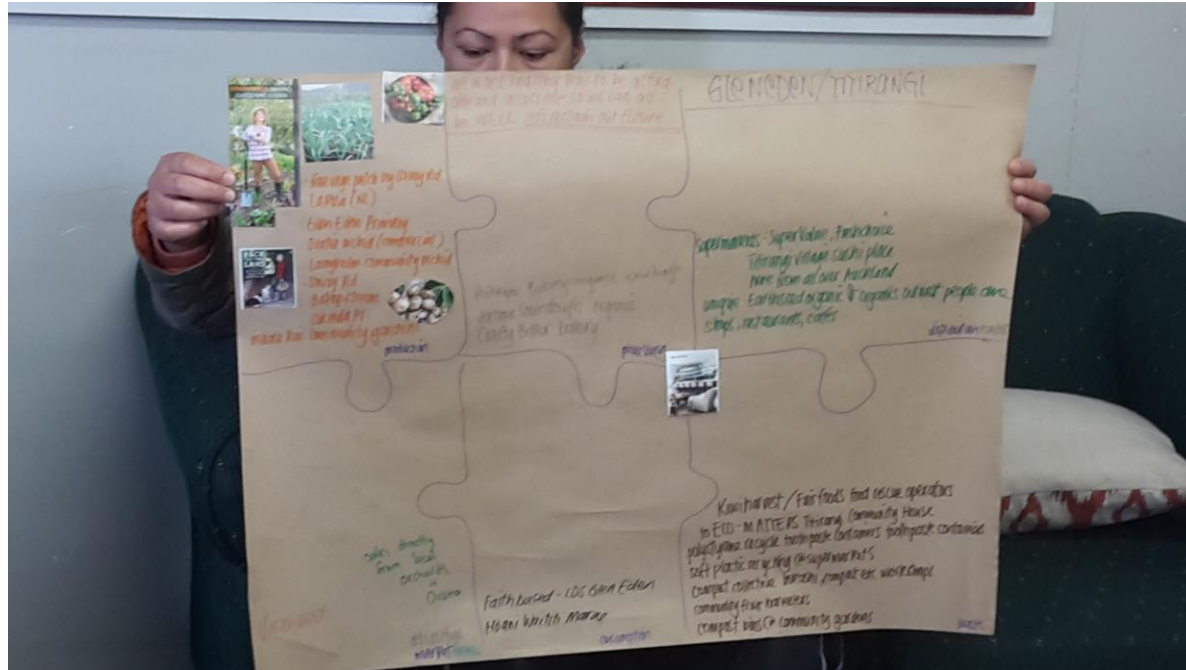
- Access to fresh and health food options
- Connected gardens and farmers markets
- Community led events provide healthy, local, ethnic food
- Sharing and trying ethnic foods
- People growing their own food
- Healthy food in schools
- People connect through preparing and preserving

CO-DESIGN PROCESS

Design

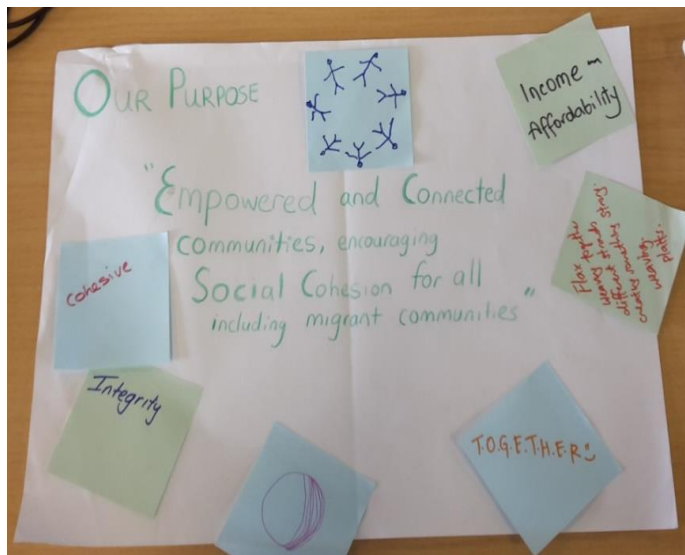


Mapping the Food System



Outcome

Network of Practice



WHY would it be of **value**.

WHY would it be a **needed**

WHY there maybe **barriers**

This would be done also with the **WHO / WHAT & HOW....**

Outcome

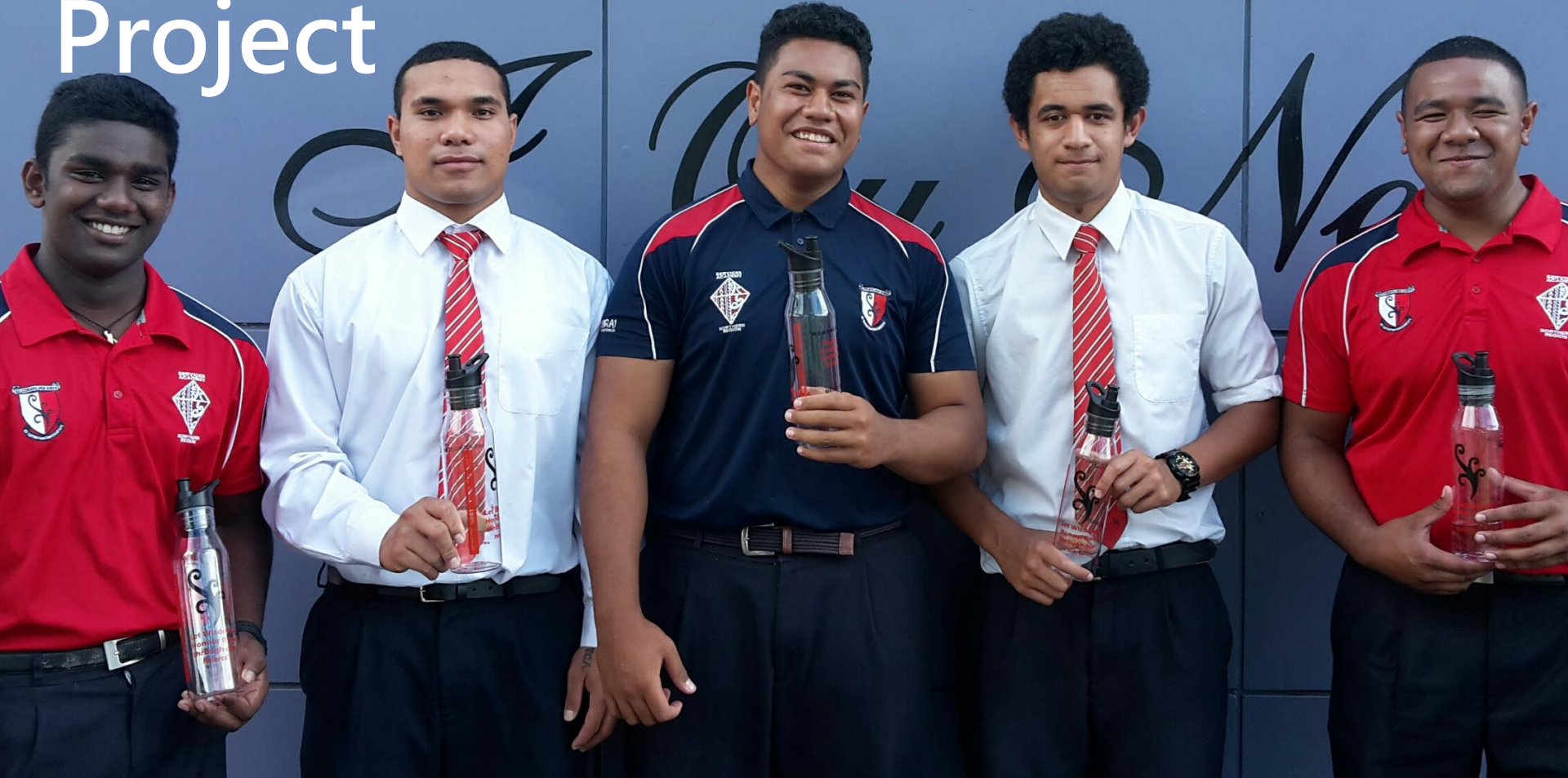
Network of Practice –Influencing Local Board 3 year plans



Collaborative
Collective voice



Kelston Boys High School Water Project



The Situation

OBESITY



55% of PACIFIC CHILDREN aged 2-14 years were **OVERWEIGHT OR OBESE**, compared to 29% of the total child population in New Zealand (2009-2012).



89% of PACIFIC ADULTS were **OVERWEIGHT OR OBESE**, compared to 60% of the total adult population.



The Vehicle

Ministry of Health urges water-only schools, no sugary drinks

SARAH ROBERTS

Last updated 11:22, March 24 2016



SARAH ROBERTS/ FAIRFAX NZ

Maia Reihana, left, and Bernie Cai, both 12, at Royal Rd Primary School know its best to drink water.

Ministry of Health encourages schools to adopt water only policies

Media release

22 March 2016

The Ministry of Health is encouraging schools to consider adopting healthy drink policies following information being provided to all schools by the Ministry of Education.

The Ministry of Health supports a simple schools drinks policy of water and plain reduced fat milk.

"Sugary drinks can cause tooth decay and contribute to childhood obesity," says Pat Tuohy, Chief Advisor – Child and Youth Health.

"Obesity is particularly worrying in children because it's associated with a wide range of health conditions."

According to the latest Health Survey results one in nine children in New Zealand is obese and a further two are overweight. Childhood obesity spans all ethnicities, genders and levels of deprivation.

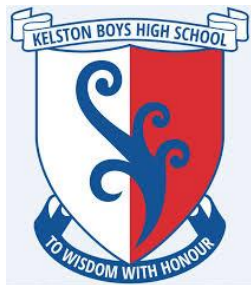
"The World Health Organization recommends schools create healthy food environments so introducing a water only policy is a great first step for schools," says Pat Tuohy, Chief Advisor – Child and Youth Health.

Influencing systems change

How can schools influence and affect change for student health and wellbeing
– with a focus on drinking water?



TapWaterWells



Reverse Brainstorming

The problem:

Students consuming high quantities of sugary drinks

How do we make this problem worse?

- Create a mind map of all possible ways to make it worse
- Choose one and flip it to identify a solution for the problem

Water initiative for KBHS

**“Let Wisdom &
Honour flow
through our
hearts”**

- 1 key champion
- Support from BOT
- Support from Principal
- Utilise school values
- Engage whanau



“100% TAP WATER 100% KELSTON”

Drink bottle design

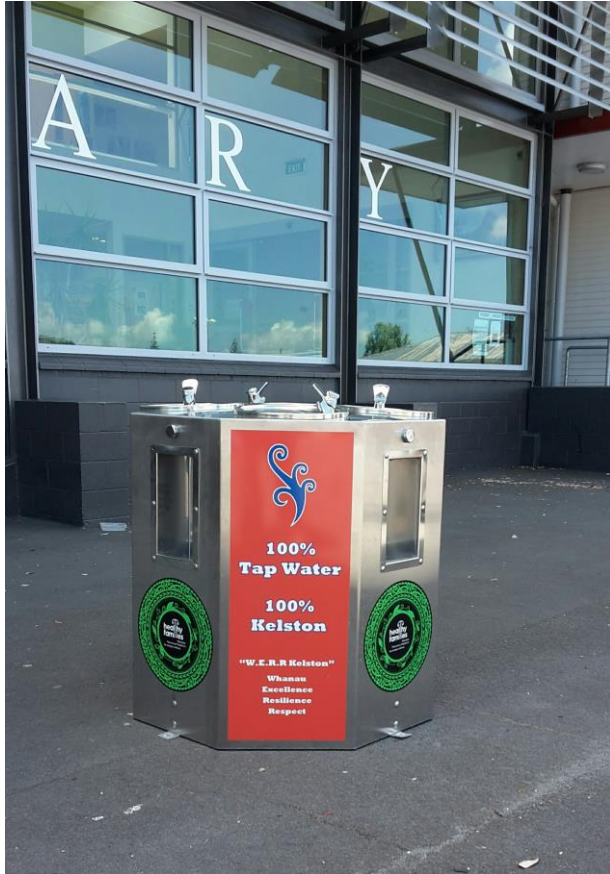


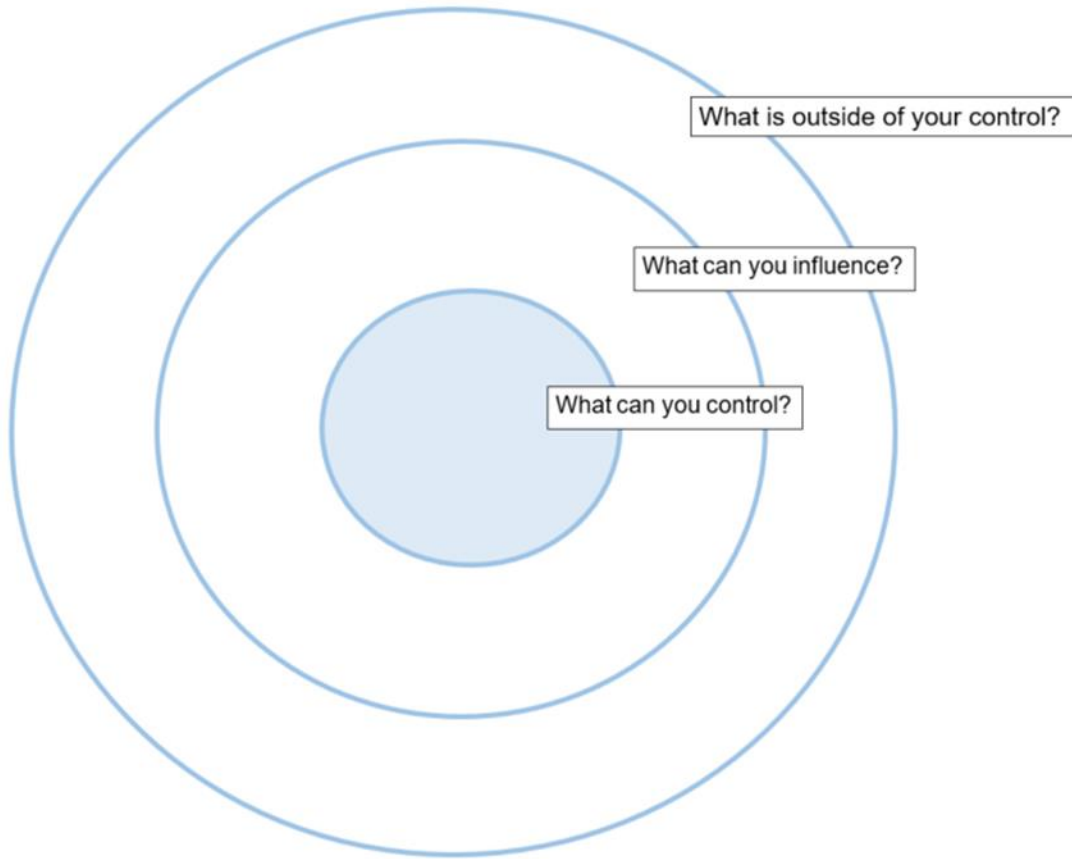
Water fountain design



WHANAU ENGAGEMENT







Empowering Community Leadership

Influencing Systems Change

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