

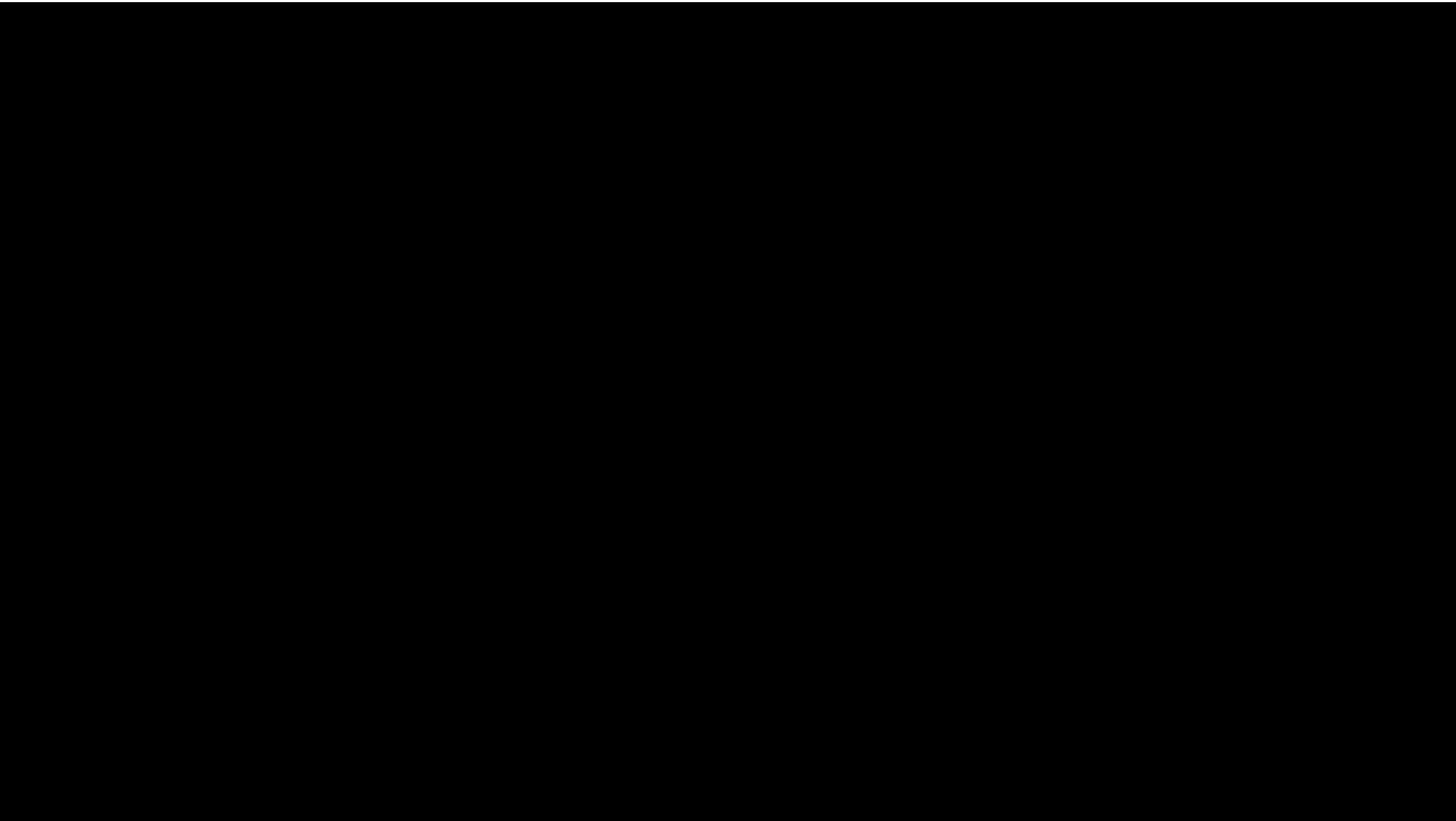


An Indigenous Approach to Prevention

ANA Conference 30 May 2017

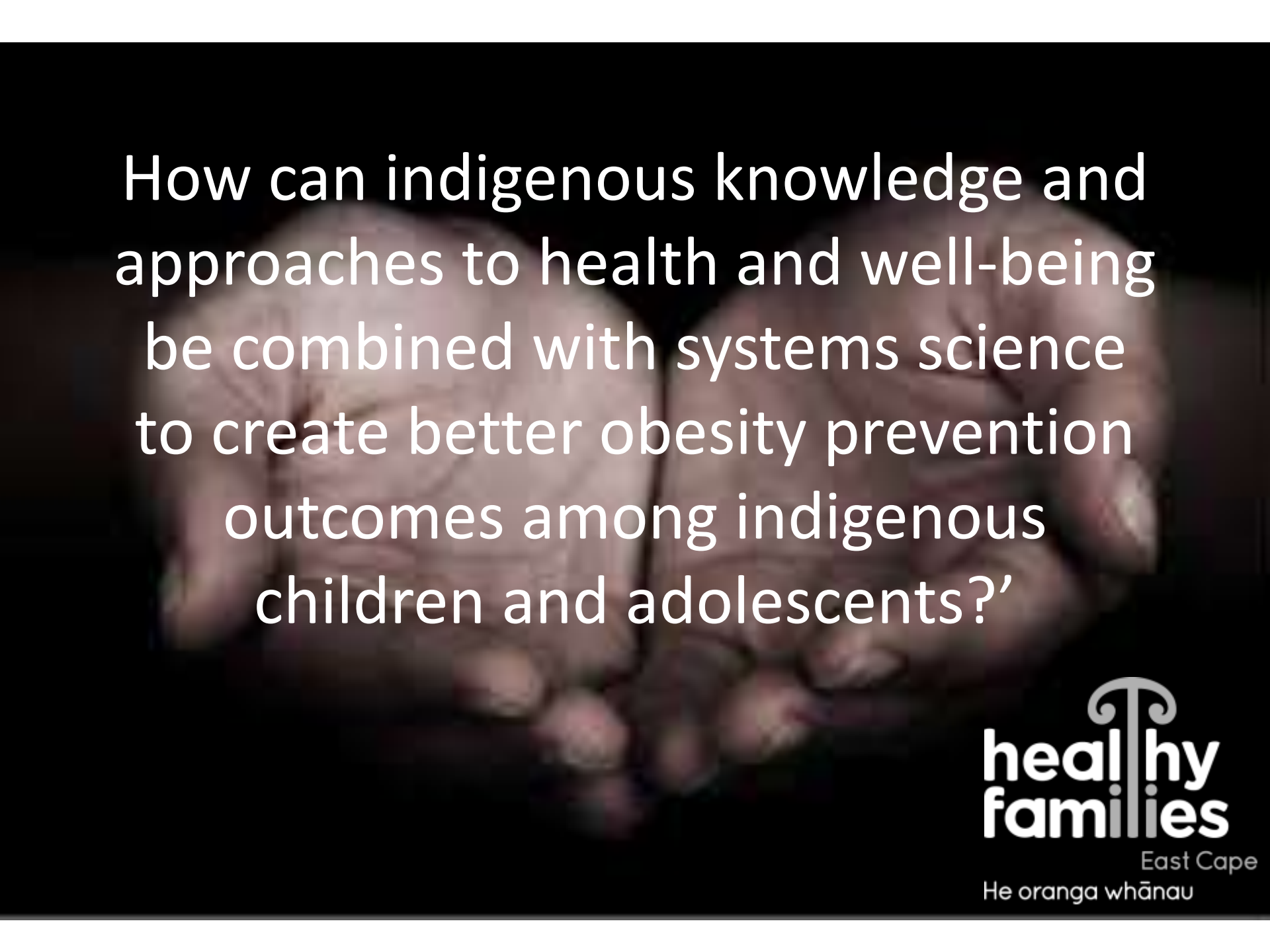
Healthy Families East Cape

Albie Stewart



What's the Approach?

- Culturally Centred
- Asset Based
- Indigenous Knowledge
- Indigenous Experience
- Benefit from Systems Science

A pair of hands, one light-skinned and one dark-skinned, are shown holding a small, round object, possibly a seed or a piece of fruit, against a dark background. The hands are positioned in the center of the frame, with the fingers gently cupping the object. The lighting is soft, highlighting the texture of the skin and the object.

How can indigenous knowledge and approaches to health and well-being be combined with systems science to create better obesity prevention outcomes among indigenous children and adolescents?'



KAI ATUA

Applying Systems Thinking

