

# Hospitality Hub: What's in it for you?

The Hospitality Hub is up and running and receiving great feedback from people who have used it.

The Hospitality Hub is an innovative and informative section of the Heart Foundation's website which is aimed at giving people involved in the food service sector links to resources and information to help them produce healthy and delicious food.

While most of the information and resources are aimed at food service workers there is also a great deal of content aimed at helping health professionals engage more effectively with chefs, cooks and food service managers.

There is a section specifically designed for health professionals

which is full of resources, tools and links to others engaging with the hospitality industry.

The content and range of areas of interest reflected in the Hospitality Hub came about through extensive consultation with key members of the food and hospitality industry and health professionals who work closely with food preparers. However to keep the Hospitality Hub current and relevant we need on-going feedback from users. If you have any comments or suggestions to what could be useful, please let us know.

One part of the Hospitality Hub which is currently growing is the Catering Recipe section which has dozens of healthy recipes in catering sized yields. ☎



## Useful links

- [Hospitality Hub](#)
- [Health Professionals page](#)
- [Catering recipes](#)

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## CANTERBURY SCHOOL CANTEEN NETWORK: Bringing nutrition promotion into a positive light.

Over the last few years a Canteen Network has been developed in Canterbury to support canteens trying to make healthy changes to their menus. When the Food and Beverage Classification System first came in, meetings of this group were being hijacked by rigorous negative debate about how impossible the situation was and how school canteens were being forced to shut from the revenue loss associated with selling healthy items. We needed to turn this negativity around!

The Canterbury Canteen Network had gradually formed from a pool of about seventy Canterbury schools that had canteens - canteen staff were invited to meet once a term for professional development and networking.

Feedback from the group led us to develop the Canteen Expos as group members were commenting on making the meetings a more positive experience and an opportunity to learn new skills. We wanted to help them turn their schools into supportive environments for the changes they

had ahead – rather than just being dissatisfied customers.

Community and Public Health were keen to work on this project for two important reasons:

- Research shows that children learn and behave better and have better school attendance when they eat well.
- It is important that the school environment supports the nutrition messages being taught in the classroom, i.e. nutritious foods being available in the school canteen.

The Expos have evolved over the last three years - this year it will include:

- Demonstrations and tastings of healthy and cheap food suitable for school canteens
- Updates on the latest nutrition issues
- What's happening around the world with school canteens? (Linking into a school in China - and then local to Papanui!)
- What might your customers talk about/want to know? (Olympic Sponsorship by Food Companies,

Fast Food Marketing to Children, Cost for a Family to Eat Healthy in NZ)

- Supplier trade show to get ideas and samples of the latest healthy food products
- Goodie bags full of recipes, nutrition resources and lots more!
- Great spot prizes

Evaluations have shown that the group found the Expos were a positive experience and they were excited now about making changes for the healthy options. Trade show exhibitors also reported they found the day a success and would be keen to be involved again. An important part of the day was the relationship building between all the groups that attended and also a marked improvement on our reputation – which had previously been of ‘The Food Police’. The Canteen Expos continue to be run. ☎

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